

2nd Annual Winter Cabin Outing

Description: Join the leaders for a weekend of group cabin-camping and hiking on the scenic White Rock-Shores Lake Trail. The weather is likely to be cold, but the fun will warm you from the inside and the meals will definitely take the chill off. This trip is all about spending time with your newest friends and being surrounded by nature while having a handy refuge from the winter chill.

Dates: Friday, February 19 through Sunday, February 21, 2016

Leaders: Blair Apple <u>gsblairw@gmail.com</u> 405-823-8085

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Number of Participants: The group will be limited to 20*.

The Trail: Among those who have hiked the trails in Arkansas over the years the White Rock-Shores Lake trail has the reputation of being one of the most scenic in the state. We rate this trail **Moderate**, but be aware that we will hike about 7 miles each day. You can find a description of the trail and a map at:

http://www.ouachitamaps.com/White%20Rock.html

There will also be other options for hiking along the rim for those who may not be up for the hike up the mountain.

The Lodge: Our venue is a CCC vintage rock building with bunkrooms, bathrooms and a kitchen. The lodge is heated with some small heaters and an impressive wood stove in the great room. There are 20 beds*, separated into 3 rooms. The cost for the lodge will run

about \$30 per person, depending on how many join us. The lodge does not accept credit cards. So, please bring cash or check. There are showers and twin sized bunk beds, but no towels or linens.

*There are 20 beds in the bunk house. If we run out of room, or if you prefer more privacy, there are individual cabins for rent. Please call White Rock to make reservations directly, should that be your preference. http://www.whiterockmountain.com

Of course, you will still be quite welcome to hang out with the group during the day and evening activities, and would not be expected to pay the \$30 for the bunk house.

Food: There is no organized meal Friday evening, but we expect to make breakfast both Saturday and Sunday mornings. The leaders will facilitate those meals, but the food and preparation will be up to whoever volunteers to help.

There will be a potluck dinner on Saturday evening. The lodge has a kitchen with a stove, cookware, and electricity (SO Fancy!). However, it can be a little crowded if we all decide to cook. So, the leaders will be coordinating with the participants a few weeks out to see who's the most keen to cook on site.

We will be on the trail on the order of 4 to 5 hours each day, so you might enjoy having a lunch and snack with you.

Transportation: The Sierra Club does not provide transportation, but the leaders will assist hikers in arranging shared rides. Participants will caravan to the meeting place if enough are departing near the same time Friday.

Equipment:

- Clothing suitable for February
- Bedroll and sleeping pad
- Dependable hiking boots
- Flashlight
- Raingear
- Sunscreen
- Sunglasses
- Comfortable clothing for the evening
- Water container for the trail
- Toiletries and towel
- Hiking Poles (optional, of course, but the trail is a doozy.)

Weather Note: White Mountain is high, as the name suggests. We will probably not be able to reach the lodge if it should snow close to the outing date. We will be in touch should be weather cause a concern. White Rock is flexible with the deposit if the roads are impassible.

Fees and Costs: There is no fee for the outing itself. Costs such as the lodge rental will be split among attendees.

Liability Waiver: It is Sierra Club policy that every participant must execute a waiver of liability before beginning the outing. The leaders will have forms available at the lodge.