


dallas sierra club news

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September General Meeting Program - "Sex in the Garden"

Our September speaker, Janet D. Smith, is a recovering plantaholic who considers the Master Gardener training to be her 12-step program. She now restricts her plant selection to waterwise and Earth-Kind plants that attract butterflies, bees and birds. As a Certified Master Gardener, Janet has volunteered over 1500 hours as the coordinator of the Bath House Garden at White Rock Lake, as a speaker and as the chair of the Speakers Bureau. An avid nature photographer, Janet enjoys sharing her photos in her presentations and as fund-raisers for the Bath House Garden and the Texas Discovery Garden. 

The "Sex in the Garden" presentation provides insight into what the flowers, insects and birds are really doing and how pollination occurs. People will learn how to be more observant in the garden and appreciate the synergy (and sex) that they may have been missing.

[Visit our website](#) for complete information about our General Meeting, including a map.

Also, mark your calendar for next month's meeting on October 13, when we'll take you on photographic tour of Zion National Park in Utah.

Watch Party for "The National Parks: America's Best Idea"

RESERVATIONS NOW OPEN (required) and YOU-RE INVITED!

Sunday, September 27. Hosted by the Dallas Sierra Club. Join us at the Studio Movie Grill (Dallas/Royal) with private theater to view the two hour opening episode of this much anticipated Ken Burns documentary. Experience the large screen viewing to enjoy the amazing photography and emotional in-depth look at the history, heritage and magnificent beauty of these American treasures. For more information/video clip, visit <http://www.pbs.org/nationalparks/>.

Food (including vegetarian options) and drinks will be available before and during the program - purchase not required but greatly appreciated since it offsets the group's cost of the event. FREE ADMISSION but online or phone RESERVATIONS REQUIRED by Monday, Sept. 21. Don-t miss out on this spectacular event! Click [here](#) for more details and to make your reservation.

For phone reservations (deadline Sept. 21) and/or cancellations: leave a complete message at 972-369-5543 with your name, number of reservations wanted/canceled and return phone number. (Inaudible messages or those without a return number will not be honored.)

Outings Highlights

Beginner Backpacking Class, September 26

Aimed at beginners, this class is an ideal way to learn about backpacking. Topics include: backpacks, tents, sleeping bags, outdoor clothing, boots, socks, cookware, food, water, wilderness ethics, and preparing for a trip. Instructors are experienced Dallas Sierra Club leaders. There will be time for questions and a hands-on look at outdoor gear. Lunch of backpacking food is included. You will also have the opportunity to learn about, and sign up for, several beginner backpacking trips. The fee is \$20 for Sierra Club members and \$30 for non-members (cash or check) You can sign up to be a Sierra Club member at the class. No reservations are necessary, just show up. The class will be held at REI, 4515 LBJ Freeway, Farmers Branch, TX 75244 (north side of LBJ between Midway and Welch). The class will start at 10:30 AM and end at about 5:00 PM. Leader: [Laura Kimberly](#) 972-307-8364(H)

Annual Bus Trip to Big Bend National Park, November 25-30

The Dallas Sierra Club Thanksgiving Holiday tradition continues with our annual bus trip to Big Bend. There will be a variety of hikes that will visit different parts of this very scenic National Park. If you've never been to Big Bend National Park, you owe it to yourself to discover this unique part of Texas. If you've been before, come on back and explore another area! Our chartered sleeper bus leaves Dallas around dinner time Wednesday and returns early morning on Monday. Some backpacking experience is required. Complete trip details, cost and reservation forms will be posted on in a couple of weeks. Contact: [Arthur Kuehne](#) 214-608-3210(C)

For a complete list of our outings, [visit our outings page](#).

Roll Beyond Coal Bike Rally on October 31

Bring your bike and your kids, have some fun and take a stand for clean energy and clean air in Texas. We can roll beyond burning coal for electricity in Texas! Join us for a fun-filled event supporting renewable energy, green jobs, and clean air with a brighter energy future beyond coal! Bike the 9.4 mile route around White Rock Lake with your family and friends starting at The Bath House Cultural Center on 521 E. Lawther Drive in Dallas. Prizes to be given for the best Halloween and Clean Air costumes! Registration: 8:30 am. Bike ride: 10:30 am. Cost: Adults-\$10.00. Students and children 12 and over-\$5.00. Children under 12-Free. Sponsored by the Sierra Club. Pre-registration information and more details are available [here](#) or call organizer Lori Peniche at 972-980-7176.



Calendar

Here is our calendar through October. For more complete listings, visit us at www.dallassierraclub.org.



SEP 6 (SUN) SUNDAY LUNCHEON BUFFET Sustainable Sunday Lunch every first Sunday at Papaya Garden, 1201 W. Airport Frwy #100, 817 684-9378, Euless on the corner of Airport Frwy (Hwy 183) and Industrial (FM157). Thai, plant-based, and all-you-can-eat buffet is served from 11:30 am to 2:00 pm. Larger restaurant means more room for families and other groups. Ask for Sierra Club table at the door. Organizer: Terry Jensen 972 251-1532(W)



SEP 8 (TUE) - DALLAS SIERRA CLUB GENERAL MEETING - 7:00 pm Everyone is invited to the General Meeting of the Dallas Sierra Club. Learn about Sex in Your Garden. Scroll up to the top of this email for details.



SEP 9 (WED) YOUNG SIERRANS HH/DINNER - THE HACIENDA ON HENDERSON - DALLAS Please join us for a Happy Hour/Dinner at The Hacienda on Henderson on Wednesday, September 9th! Arrive anytime after 6:00 pm for happy hour; dinner at 7:00 pm. Please RSVP by noon on 9/9 to the Pingg invitation or the youngsierrans@dallassierraclub.org email address so we have a rough estimate for seating. All 20s/30s welcome; you don-t have to be a Young Sierran or Sierra Club member to attend. See you there! **Address: 2326 N Henderson Ave, Dallas, TX 75206 | 214.515.9990 ** Contact: [Candace Weinbergg](mailto:Candace.Weinbergg)



SEP 12 (SAT) WHITE ROCK LAKE CLEANUP.. Walk and talk while helping to pick up trash and recyclables at the Sierra Club's adopted section of White Rock Lake Park. Meet at 8:15 AM at the Love of the Lake office on the Northeast corner of Garland Rd. and Buckner Blvd. Look for a crowd of people drinking free juice and coffee. Gloves, trash bags, etc. provided. Our area includes one of the wonderful prairie restoration areas, so there are always birds and wildflowers to enjoy. The lake and your karma will thank you. Brunch afterwards. Leader: [Carol Nash](mailto:Carol.Nash) 214-824-0244(H)



SEP 12-18 (SAT-FRI) SIERRA NEVADA BACKPACK Backpack in the Sierra Nevadas from Virginia Lakes in the Toiyabe National Forest to Tuolumne Meadows in Yosemite National Park, via Virginia Canyon and Glen Aulin. The trip is seven-days - six-nights out, with one layover day. Overall trip length is 40-miles, including a 10-mile RT day hike to the Grand Canyon of the Tuolumne River. SIBBG approved food storage containers (bear canisters) are required. This trip is scheduled to be taken at a relaxed pace, but due to elevation and duration it is rated moderately strenuous. Leader: [Steve Longley](mailto:Steve.Longley) 214-321-3881(H)



SEP 14 (MON) SIERRA SINGLES DINNER ON 14TH OF SEPTEMBER Greetings everyone. Just wanted to let you know that the monthly Sierra Singles dinner will be held on the 2nd Monday this month, because of the holiday. So then, on Monday the 14th of September, we will be meeting at Cuquitas Restaurant in Richardson. The time is 6:30 PM ish, and the location is 8076 Spring Valley Rd @ Coit Rd. Their number is 214-575-3188 if you need directions. They have killer Margaritas, and I highly recommend having one. See you there. Organizers: [Ginger Bradley](mailto:Ginger.Bradley) 469-223-7902(C) and [Paul Heller](mailto:Paul.Heller) 972-620-1703(H)



SEP 16 (WED) OUTINGS COMMITTEE MEETING - 7:00 pm The Outings Committee meets at REI, 4515 LBJ Freeway, Farmers Branch, TX 75244 (north side of LBJ between Midway and Welch). All outings leaders, future outings leaders, and interested Sierrans are welcome.

Contact the [Outings Chair](#) for more information. For a complete list of our scheduled outings, check out our [Outings page](#).



SEP 17 (THU) SIERRA SINGLES TRINITY RIVER AUDUBON CENTER WALK & TALK Hello everyone. Would like to invite you all to visit the Trinity River Audubon Center with me on Thursday the 17th of September. Its completely free all day until 9 PM. We will meet up at the front entrance at 6:45 PM, and then walk around several of the trails. It is beautiful, well worth seeing for yourself, and we'll get some exercise. Please see the website for more info and directions. It is TrinityRiverAudubon.org. Or just google Trinity River Audubon Center, and you'll get all the pertinent info. Bring some water and snacks and bug spray! See ya there. Leader: Ginger Bradley 469-223-7902(C)



SEP 19 (SAT) WHITE ROCK CREEK TRAIL DAYHIKE Come join us as we day hike 7 miles on the northern reaches of White Rock Creek. This is a very urban, paved trail but it is actually very nice as it follows the creek under all the main thoroughfares of north Dallas. No pets, please. Bring water and a snack as we will be walking all morning. We will leave the trail head promptly at 9 AM. To reach the trailhead from the intersection of I-635 and Hillcrest Rd., go north on Hillcrest a short distance turn right on Valley View and turn right into the second parking lot. Remember it's the second parking lot on the right. I'll be near the restrooms and playground. Optional lunch afterwards. Leader: [Mark Adams](#) 972-658-1281(C)



SEP 22 (TUE) INNER CITY OUTINGS MEETING - 6:45 pm Snacks and social starts at 6:45 pm, meeting starts at 7:00 pm. Inner City Outings ("ICO") is an outreach program of the Sierra Club comprised of volunteers who provide wilderness experiences such as day hikes and camping for disadvantaged youth. ICO meets on the fourth Tuesdays at REI, 4515 LBJ Freeway, Farmers Branch, TX 75244 (north side of LBJ between Midway and Welch). All volunteers and those considering becoming an ICO volunteer are welcome. Contact the [ICO Chair](#) for more information. To receive future announcements and meeting information you may sign up for our [email list](#).



SEP 25-27 (FRI-SUN) 10th Annual Renewable Energy Roundup and Green Living Fair Come to Fredericksburg, Texas and learn solutions to global warming: You can make a difference! Full details at www.theroundup.org. (Not a Sierra Club event)



SEP 26 (SAT) BEGINNER BACKPACKING CLASS.. Aimed at beginners, this class is an ideal way to learn about backpacking. Topics include: backpacks, tents, sleeping bags, outdoor clothing, boots, socks, cookware, food, water, wilderness ethics, and preparing for a trip. Instructors are experienced Dallas Sierra Club leaders. There will be time for questions and a hands-on look at outdoor gear. Lunch of backpacking food is included. You will also have the opportunity to learn about, and sign up for, several beginner backpacking trips. The fee is \$20 for Sierra Club members and \$30 for non-members (cash or check) You can sign up to be a Sierra Club member at the class. No reservations are necessary, just show up. The class will be held at REI, 4515 LBJ Freeway, Farmers Branch, TX 75244 (north side of LBJ between Midway and Welch). The class will start at 10:30 AM and end at about 5:00 PM. Leader: [Laura Kimberly](#) 972-307-8364(H)



SEP 27 (SUN) WATCH PARTY - THE NATIONAL PARKS: AMERICA'S BEST IDEA Online or phone RESERVATIONS REQUIRED BY SEPT 21. Free admission. Event hosted by the Dallas Sierra Club with private theater to view the opening episode of this much anticipated Ken Burns documentary. Experience the large screen viewing to enjoy the amazing photography and emotional in-depth look at the heritage and magnificent beauty of these American treasures. See Dallas Sierra Club [home page](#), or scroll up to the top of this email, for announcement and reservation information/link. For more information: Leave message at 214-369-5543(H)



SEP 28 (MON) MID-SUBURBAN SIERRA SATELLITE GROUP REORGANIZES After not meeting during the summer, the Mid-Suburban Sierra Club will have a "reorganizational" meeting at 7 pm at Sunflower Shoppe (formerly Healthy Approach), 817 399-9100, 5100 Hwy 121, Colleyville, TX 76034. This will be an informal meeting to get to know other Sierrans in the area around DFW Airport and to discuss plans and ideas for continuing this satellite group. Please come and bring your ideas and, hopefully, plans to help. After the meeting those who wish will walk over to Rio Mambo's to imbibe and eat. Organizer: Terry Jensen 972 251-1532(W)



OCT 3 (SAT) MAKE TRAC TIDY October marks the one year anniversary of the Trinity River Audubon Center (TRAC), a fabulous environmental learning center in South Dallas. To mark the event, TRAC plans a large celebration during the second weekend in October. To help get ready for it, Sierra Club Dallas Group is scheduling a service outing to the facility to help spiff up the grounds and make the whole place shine in anticipation of the large turnout they are expecting for the anniversary event. We will be clearing brush, removing any trash, and generally performing tasks that will improve the look of the trails and the waterways encompassed by the center. No special skills or tools required. Please contact Teresa Wilkin for further details and to get on the crew list. Leader: [Teresa Wilkin](mailto:teresa.wilkin@sierraclub.org) 214-693-1503(H)



OCT 3 (SAT) DAY HIKE THE TRINITY RIVER GREENBELT 1ST ANNUAL Octoberfest 10K DAYHIKE Hike 10K (6 miles) on the Lake Ray Roberts Greenbelt Corridor. This is an easy trail running along side the Elm Fork of the Trinity River. No reservations required, just show up. Please, no pets. Bring water and snacks. Meet at 9:00 AM at the Highway 380 Trailhead Park. Admission to the park is \$5.00 per person or free with a Texas State Parks Pass. There will be an optional lunch afterwards. The Park is on US Hwy 380 2.1 miles west of Hwy 377 or 2.8 miles east of Loop 288 in Denton. Highway 380 can be reached from Central Expwy, Preston Rd., or the Tollway. Bring extra shoes in case the trail is muddy. Leader: [Mark Adams](mailto:mark.adams@sierraclub.org) 972-658-1281(C)



OCT 3-4 (SAT-SUN) BEGINNERS BACKPACK AT MCGEE CREEK This very nice natural scenic recreation area is just two hours north of Dallas. It features thick woods with scenic bluffs, and interesting trails going down to the lake. We'll do a short backpack over familiar trails and then have the option for a couple of day hikes. You can either leave home early Saturday morning and meet us at the trail head, or drive up Friday night and stay at the state park. This trip usually fills up, so please sign up several weeks in advance to reserve a spot. No sign ups will be taken after the Saturday before the trip. Leaders: [Laura Thornton](mailto:laura.thornton@sierraclub.org) 214-538-4105(H) and [Faith Mauk](mailto:faith.mauk@sierraclub.org)



OCT 4 (SUN) SUNDAY LUNCHEON BUFFET Sustainable Sunday Lunch every first Sunday at Papaya Garden, 1201 W. Airport Frwy #100, 817 684-9378, Euless on the corner of Airport Fwy (Hwy 183) and Industrial (FM157). Thai, plant-based, and all-you-can-eat buffet is served from 11:30 am to 2:00 pm. Larger restaurant means more room for families and other groups. Ask for Sierra Club table at the door. Organizer: Terry Jensen 972 251-1532(W)



OCT 7 (WED) DALLAS SIERRA CLUB EXECUTIVE COMMITTEE MEETING - 6:30 pm The Executive Committee (or Excom) is the elected governing body of the Dallas Sierra Club. Check our website for meeting location. Contact the [Dallas Group Chair](mailto:dallasgroupchair@sierraclub.org) for more information.



OCT 10 (SAT) WHITE ROCK LAKE CLEANUP. Walk and talk while helping to pick up trash and recyclables at the Sierra Club's adopted section of White Rock Lake Park. Meet at 8:15 AM at the Love of the Lake office on the Northeast corner of Garland Rd. and Buckner Blvd. Look for a crowd of people drinking free juice and coffee. Gloves, trash bags, etc. provided. Our area includes one of the wonderful prairie restoration areas, so there are always birds and wildflowers to enjoy. The lake and your karma will thank you. Brunch afterwards. Leader: [Carol Nash](mailto:carol.nash@sierraclub.org) 214-824-0244(H)



OCT 13-15 (TUE-THU) WILDERNESS NAVIGATION CLASS Learn the fundamentals of finding your way in the wilderness in this two evening class. Among the subjects covered are: purchasing maps, how to read maps, how not to get lost, what to do if you do get lost, GPS, different kinds of compasses, and how to use your compass. If you have a compass, bring it to the class. If you don't have one, we will show you what to look for when you purchase one. The class will be held at REI (second floor program room). REI is at 4515 LBJ Freeway, north side, between Midway and Welch. This two-night class will start promptly at 6:30 PM and will finish at about 8:45 PM. The fee for the class is \$15 for Sierra Club members and \$20 for non-members (cash or check). No reservations are necessary; just show up. Leaders: [Arthur Kuehne](#) 214-353-2927(H) and [Bill Greer](#) 972-247-0446(H)



OCT 17 (SAT) DAY HIKE ON THE CROSS TIMBERS TRAIL We will hike about 6 miles round trip on a dirt trail along the south shore of Lake Texoma, and have lunch at a favorite spot with a great view of the lake. An optional longer version will add another 2 miles to the hike. The hike is along bluffs that have great views of the lake. The trail has a lot of ups and down, and will be muddy if it's wet. Take a lunch, water, trail snacks, and the 10 essentials. Spare shoes for the drive home will be a good idea if the weather is rainy. There is a \$5 parking fee if you want to park at the marina. Parking is free if you park along the street, but spaces are very limited. The trip is limited to 12 participants. No pets please. Please contact the leader for more information and to sign up. Carpool information and directions will be provided after you sign up. Leaders: [Marcos Jorge](#) 972-394-2546(H) and Judy Cato



OCT 17-18 (SAT-SUN) BACKPACK OUACHITA TRAIL IN OKLAHOMA Meet Saturday morning at Winding Stair Campground on Hwy. 1. Backpack 4.6 miles to camp overnight at Red Spring. Sunday morning hike 6 miles to Pashubbe Trail Head. Eat at Mexican restaurant in Broken Bow afterwards. Leader: [Greg Holman](#) 214-398-8061(H)



OCT 24-25 (SAT-SUN) BACKPACK ALONG THE LITTLE MISSOURI NATIONAL WILD AND SCENIC RIVER We'll hike about 10 miles total distance in a beautiful narrow valley and follow the Little Missouri River downstream. Because we will be hiking along a stream, the trail is fairly flat and will require a few stream crossings. Take your camera as there are many scenic spots along the route. This trip is fairly easy and is suitable for beginners. Priority will be given to the "graduates" of the Sept. 2009 backpacking class. Leaders: [Marcos Jorge](#) 972-394-2546(H) and Judy Cato



OCT 24-25 (SAT-SUN) BEGINNER BACKPACK AT CANEY CREEK WILDERNESS, ARKANSAS This popular trail is justifiably famous for nice scenery, great campsites, and easy hiking. Here-s your chance to hike the full 9.5 mile length of this scenic trail, including a visit to the west end cane breaks that give the area its name. With about 5 miles each day and modest climbs this is a moderate hike. We will need to wade the knee-deep Cossatot River on the west end and wade some crossings of Caney Creek. We will camp Friday night at Shady Lake Campground and meet Saturday morning for the car shuttle. The west end is lightly used and very scenic. Some places on the trip will be reserved for attendees of the Beginner Backpacking Class in September. Contact Mark to sign up. Leaders: [Mark Adams](#) 972-658-1281(C) and Laura Thornton

The Dallas Sierra Club News e-newsletter, sent monthly, keeps you up-to-date on meetings, activities, issues and special events.

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