



SIERRA CLUB San Fernando Valley
Newsletter November 2013

Monthly Meetings-the 3rd Tuesday of the month at 7:00pm
Reseda Park Rec. Hall, 18411 Victory Blvd. (Cross Street-Reseda Bl.)
(Near child's play area), Reseda, CA. There is a parking lot & street parking. If the Rec Hall parking lot is full, there is ample parking at the One Generation lot, directly east at 18255 Victory Boulevard

Learn About Conservation Tips AT OUR SF Valley Sierra Club WEBSITE:

<http://angeles.sierraclub.org/sfv/>

(See names, phone numbers and emails of our San Fernando Valley Management Committee in the sidebar)

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For people receiving this newsletter by Yahoo or Gmail WHO ARE NOT SEEING THE FULL EMAIL NEWSLETTER, Yahoo sometimes does not show all of the newsletter, especially the hikes that are near the end & other articles too. To fix this. scroll down to the bottom of this email newsletter. You will see the following:

"The message has been truncated".....RH Button says "show full message" (Choose the RH button)

Join Us!



Santa Clara River Valley – by B. Perry
(Santa Clarita area just North of San Fernando Valley)

Santa Clara River L.A. County's Last Free Flowing River Tues.

NOVEMBER 19, 2013, 7:00 PM
(Directions on top of this web page)

Lynne Plambeck is a Sierra Club activist, a former Group and Chapter Conservation Chair and a member of the State Executive Committee. She is a National Sierra Club Award winner and Chapter Conservation Award winner for her work to protect the Santa Clara River. She will present: "The Santa Clara River, Los Angeles County's Last Free Flowing River".

Join us for a visual excursion of this incredible river, which is a treasure trove of native and endangered species. The Sierra Club has been involved in an effort to preserve this river for many years. Come and see what we are trying to save and hear how we are doing it.

There will be socializing & refreshments

Mike Stevenson

End Easy Oil & Fracking in So. Calif.

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Interesting Videos
Restore Bird Colonies
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Picture of MaryAnn & Ron Webster and Santa Monica Mts. Taskforce article.

Weekend Activities

Mon & Tues Hikes & Activities

Thursday hikes

King-Gillette Ranch activities



Dear friends,

Its official – The Angeles Chapter has a new home and you're all welcome to stop by and say hello anytime!

We are now located in Suite #660 at 3435 Wilshire Blvd, LA, CA 90010, only 3 floors above our old office. The space is smaller and more compact but we think it will serve our members as well, if not better than, the old office space. We moved to reduce overhead expenses so we can invest as many resources as possible in our environmental programs. This is only one of the ways the Chapter is re-building its reserves after a challenging 2012. [Contribute now!](#)

Now that we are leaner, we are also greener, and we are in it for the long haul. Less space means a smaller carbon footprint, fewer lights, fewer phones, less everything -- except for providing our members with the best support and resources possible. Together, we are continuing to make a difference on the environmental issues facing Los Angeles and Orange Counties. Together, we are getting people outdoors on hundreds of hikes each month. And together,



Santa Monica Mountains Task Force.

Ron & MaryAnn Webster Had A Need For Us To Enjoy Our Mountains, Therefore, Scenic Trails Had to be Built!

By Elaine Trogman

In the 1970s when I was off trying to find excitement in far off places, there were others who found wonderful and historic possibilities right here at home. I started hiking in the Santa Monicas only a few years ago and I then wondered who made these wonderful trails?

In the 1970s the Santa Monica Mountains were transitioning from a fully privately owned area to many checker-boarded public parks--State, National and local with private property sandwiched in-between. The whole puzzle was known as the Santa Monica Mountains National Recreational Area (SMMNRA). The politician that was most instrumental in this creation was Anthony Bielson and the 3 women Sierra Club members most responsible were Jill Swift, Margo Feuer and Sue Nelson.

Once we possessed those hard-fought sacred grounds we then needed to be able to actually walk into the parks and that is where a Sierra Club member named Ron Webster became very helpful. A section named the Santa Monica Mountain Task Force (SMMTF) was formed by Jill Swift but Ron was there helping her enlighten people regarding the need to save this beauty.

Ron, at almost 80 yrs., is still doing what he has been doing for almost 40yrs, which is work on trails every Saturday for 9 months of the year. This work is done in coordination of the California State Parks and along with help from his volunteer trail crew of 25-30 dedicated individuals. Ron and his crew designed, built, or maintained hundreds of miles of footpaths. His idea has been to build trails that followed the contours of the area and give the impression that the hiker is walking in the woods. Early on, he realized that people need trails. They don't like just being on a fire road.

Some of Ron & the Task Force's creations include the popular Musch Trail at Trippet Ranch, Topanga State Park. This trail was aligned by Bob Stevens of California State Parks and built by Webster. He is credited for other trails such as the Nature Trail and the Dead Horse Trail at Trippet Ranch, the Hondo Canyon Trail, the Garapito Canyon Trail, and the View Ridge Trail. MaryAnn Webster is chair of the very influential SMM Task Force. Sierra Club task forces are generally set up to deal with specific, time-limited needs, but in the Santa Monica Mountains those needs seem continuous. Members work tirelessly to protect natural and cultural resources, to protect open space, and to prioritize land parcels that should be acquired by public agencies

When I came back from my wanderings and settled in the San Fernando Valley again in the 1990s, I felt that I had missed my chance to participate in the exciting beginnings of the creation of parks that could save our native So. Calif. natural history. I am very grateful to the people, such as Ron & Maryann, who did have the vision of what could be.

If you are interested in joining the Santa Monica Mountains Taskforce you can contact:

Mary Ann Webster

MaryAnn& Ron Webster mawebster1984@sbcglobal.net

The website is:

<http://smtmf.org/>

we can ensure that the Chapter remains healthy – [Please donate today!](#)

The Executive Committee, activist leaders and our committed staff are creating new revenue streams and revamping old ones to keep the Chapter's financial conditions healthy and strong. We are establishing a new Fundraising Committee to work with our Senior Chapter Director to put the fun back in fundraising. All members are welcome to become a part of this important committee. Your participation will help grow our Cheers or Tears Tribute Program, our Cars4Causes Program and our Hike Donation and Major Gifts Programs, too. And who knows what great new ideas will be pursued! All creative people are warmly welcomed. Join this effort by contacting Ron Silverman at ron.silverman@sierraclub.org, and have fun while helping the Chapter.

Not able to contribute your time right now? – That's okay – you can still invest in our future by sending a donation to the Chapter today! Your gift, large or small, will be put to good use right away. And if you send \$100 or more, you will become one of our elite members and [join the 1000 at \\$100 Campaign](#). Your name will be displayed on our home page with all our other generous donors.

Please don't delay – contribute today! Be a part of the lean, green Angeles Chapter – donate today and ensure that we are here to stay! It's simple and easy and only a click away – www.angeles.sierraclub.org

Thank you for your generosity.

Carole Mintzer
Chair, Sierra Club, Angeles Chapter

If you would like to make a donation to the Angeles Chapter by check, please make your check payable to the Angeles Chapter, Sierra Club and send it to:

Angeles Chapter, Sierra Club
3435 Wilshire Blvd., #660
Los Angeles CA 90010

FUTURE PROGRAMS



Charming Evelyn, Office Volunteer

Photo by G. Watland

Chapter Office Volunteers NEEDED - Want to enjoy a fun work atmosphere? Do you enjoy meeting new people? The Chapter Office has volunteer opportunities. It's easy, it's simple, and it's fun to do. If you're looking to combine your light office skills with helping the environment, this is the volunteer opportunity for you.

Angeles Chapter needs reception area coverage:

Mondays: 2-5pm

Wednesdays: 10am-2pm

Thursdays: 10am-2pm

Fridays: 10am-2pm

Call Jane MacFarlane at 213-387-4287 x205 or jane.macfarlane@sierraclub.org about these opportunities.

[Sign up online for Chapter Office Volunteer.](#)



Not all synthetically dyed foods are this obvious

Fake Food Dyes Not Needed *And they could be dangerous!*

By Sarah Mosko, PhD

Perhaps you round out your child's lunch with popular, healthy-sounding extras like cereal bars, fruit roll-ups, mixed fruit cups, cheesy snacks and fruit drinks. However, unless you're in the habit of carefully screening product labels for artificial ingredients, you're probably unaware that synthetic food dyes are likely packed into that lunchbox too. A single item might contain as many as four or five.

While people have used dyes derived from spices and minerals to enhance the appeal of foods for centuries, most of us don't know that modern synthetic food dyes (*aka* artificial food colors) are manmade concoctions from petroleum and that a controversy swirls around their usage because of several studies suggesting they worsen symptoms in at least some children with attention deficit hyperactivity disorder (ADHD). The connection to ADHD prompted Britain to pressure food companies and restaurants to phase out synthetic dyes by the end of 2009, and the European Union now requires that products containing certain dyes

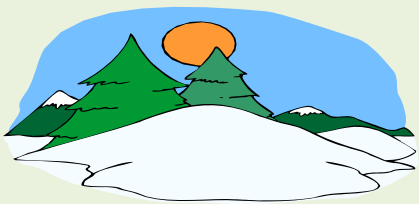


**Santa Clara River,
L. A. County's
Last Free Flowing River
Tues.
NOVEMBER 19, 2013**

Anne Plambeck is a Sierra Club activist, a former Group and Chapter Conservation Chair and a member of the State Executive Committee. She is a National Sierra Club Award winner and Chapter Conservation Award winner for her work to protect the Santa Clara River. She will present: "The Santa Clara River, Los Angeles County's Last Free Flowing River".

Join us for a visual excursion of this incredible river, which is a treasure trove of native and endangered species. The Sierra Club has been involved in an effort to preserve this river for many years. Come and see what we are trying to save and hear how we are doing it.

There will be socializing & refreshments



**Holiday Nature
Slide Show**

**Tues.
DECEMBER 17, 2013**

Join us to celebrate the holidays and attend a potpourri of travel, nature and environmental slides from our members and friends. To get your special slides on the program contact:
Michael Stevenson at (818) 419-5318.

If you are showing slides if possible please bring them to the meeting in a Carousel Slide

sport a warning label saying the food "may have an adverse effect on activity and attention in children."

Not so in the U.S. where an advisory panel to the Food and Drug Administration (FDA) just concluded in April 2011 an inquiry into the safety of synthetic food dyes and decided there was insufficient evidence to warrant tightening of regulations. The inquiry was prompted by a petition from the Center for Science in the Public Interest (CSPI) to ban all synthetic dyes in foods based on research suggesting they pose risks of cancer and allergic reactions, as well as hyperactivity in children.

There are currently nine FDA-approved [synthetic food dyes](#), and many others once in use have been banned. The approved dyes are named Blue 1, Blue 2, Green 3, Orange B, Citrus Red 2, Red 3, Red 40, Yellow 5 and Yellow 6. A popular fruit rollup, for instance, has Blue 1, Yellow 5, Yellow 6 and Red 40. The FDA does not set limits on how much dye is allowed in foods, stipulating only that the amount should not exceed what is needed to achieve the desired effect. Consequently, the food industry adds more than 15 million pounds of synthetic dyes to processed foods annually, and per capita consumption has risen five-fold since the 1950s. The FDA's primary form of oversight is that every batch undergoes testing to assure that legal levels of contaminants – like lead, arsenic and benzidine – are not exceeded.

To substantiate the claim that synthetic food dyes are unsafe, CSPI released a [report](#) in 2010 titled "Food Dyes: A Rainbow of Risks" which summarizes the available health safety studies in animals and humans. In addition to the body of evidence linking the dyes to hyperactivity in children, eight of the nine approved dyes have either been linked to cancer directly or through their contaminants. CSPI points out that children's bodies are still developing, so any health risks would likely be amplified in youngsters.

Synthetic dyes have no known nutritional value. Their chief purpose is to catch the eye of children or to increase general appeal by capitalizing on the colorfulness people associate with healthful fresh fruits and vegetables. They're also generally cheaper, brighter and more stable than so-called natural food colorings derived from plants, minerals or animals. The list of FDA-approved sources for [natural colorings](#) is long and includes beets, carrots, grapes, tomatoes, elderberries, purple corn, red cabbage, sweet potatoes, annatto tree seeds, turmeric, paprika, chlorophyll, iron, titanium dioxide and a bug called Coccus cactic L.

Any argument from the food industry that synthetic dyes are indispensable is easily countered by the fact that they have been largely replaced with natural alternatives, or simply eliminated, in Britain and Europe. For example, a popular U.S. restaurant chain colors their strawberry sundaes with Red 40 in the U.S. but uses only real strawberries for color in Britain. Similarly, beetroot, paprika and annatto are substituting in Britain for the three artificial dyes used in a brand name strawberry grain bar sold in the U.S. Though controversy exists as to whether natural food colorings offer any health benefits such as from antioxidants, there seems to be no debate that they are at least not harmful.

It seems unlikely that the FDA is going to rein in the use of synthetic dyes in foods anytime soon, so it's up to consumers to express their preference for natural coloring agents – or maybe better yet for no added colorings – by scanning product labels before purchasing. Because law requires that only artificial flavorings (not artificial colorings) must be labeled on package fronts, look for the ingredients label where added colorings are listed. Also, several brands of processed foods are marketed today as free of all artificial ingredients and post labels to that effect right on package fronts.

The take home lesson about synthetic food dyes is that health-conscious consumers might try eating a little less with their eyes and a bit more with their brains.

Read the full story on link below:

<http://sarahmosko.wordpress.com/2011/12/03/fooled-by-fake-food-dyes-2/>

Other environmental articles by Sarah Mosko on [BoogieGreen.com](#)

Tray.

If you have a digital presentation contact Barry Katzen at (818) 341-8304. Also if you have a digital presentation please bring them on a USB flash drive or E-mail them directly to barkat@rocketmail.com and Barry will load them in his computer.

There will be socializing and refreshments



The Past, Present, and Future of WILDFIRE IN THE SANTA MONICA MOUNTAINS for both People and Other Living Things

**Tues.
JAN. 21, 2014**

Dr. Robert Taylor, Ph.D. has supported both Resource Management and Fire Programs for the National Park Service in the Santa Mountains Recreation Area since 2002. Come and hear his talk: "The Past, Present, and Future of Wildfire in the Santa Monica Mountains for both People and Other Living Things".

Large, intense weather-driven wildfires have been semi-regular occurrences of the Southern California landscape throughout history. To this day these fires have overwhelmed the best fire suppression forces money can buy. Dr. Taylor, an expert Biogeographer and GIS specialist will tell us what this has meant in the past, what modern fire regimes do to natural resources and human communities today and what packrats, pocket gophers, rabbits and geospatial modeling can teach us about surviving big fires in the future.

There will be socializing and refreshments



Oaks

**Poem & Painting By:
Carla Laureen Bollinger**

*Downpour for days, moisture
seeps deep through roots.
Mist and fog spread like butter
cradled in valleys and up hillsides.
Sun splits the veil of dawn –
Exposing leaves dripped in frost.*

*Soon daylight grows long,
dry wind whips across meadow.
Oaks' offspring fall from curlicue
branches, a thunderous descent
in woodlands for squirrels
to gather and store for sparse times.*

*Humans rest under dappled light,
shade cools the brow –
stories old and new are shared
as Jay squawks and eagle builds nest.*

*After all chores are done,
Earth's pavilion is moon lit –
Oak trees in shimmering petticoats
waltz along the ridge.*

Carla Laureen Bollinger of Santa Susana Mountain Park Assn. & Sierra Club member
carlamamay@aol.com 818-340-7357, Mobile: 818-307-6418



What Does a Beyond Coal Future Look Like?

FEBRUARY 18, 2014

Jasmin Vargas has organized in Los Angeles to move beyond coal since 2009, first as a volunteer with Green Peace and since the beginning of 2012, as the organizer for Sierra Club's LA Beyond Coal Campaign. Organizing for social and environmental justice movements since 2001, her focus has been to build an environmental movement in California that would strengthen movements around the world and build enough power to challenge the power of the fossil fuel industry.

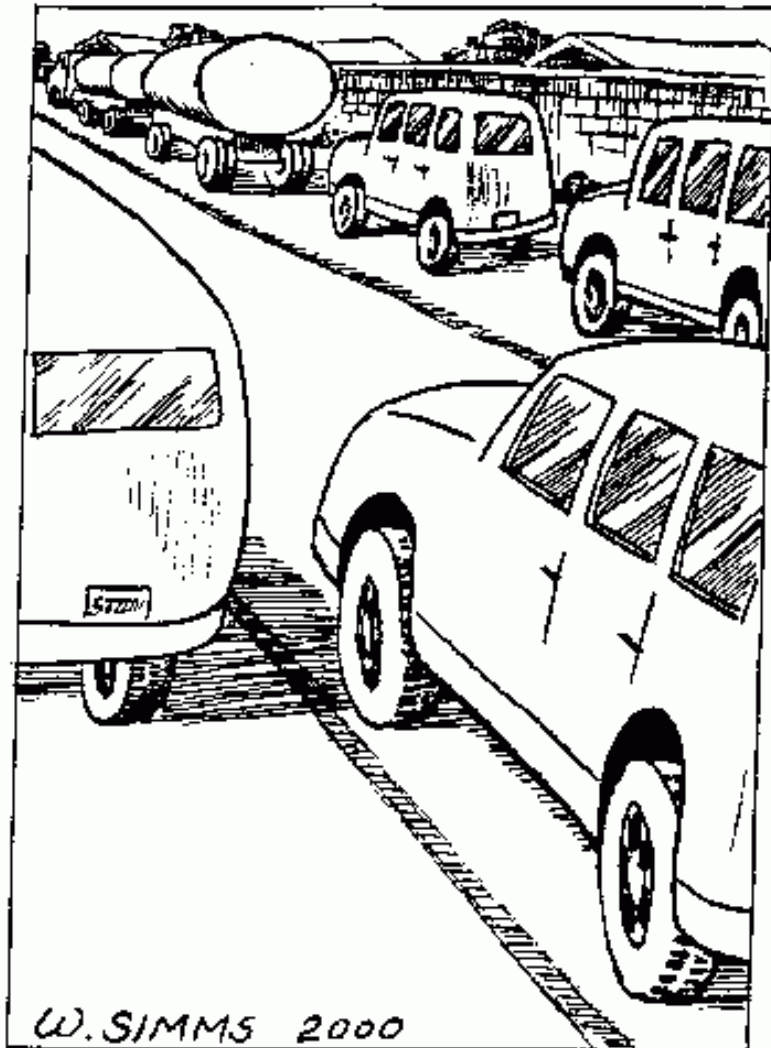
As part of the national Sierra Club Beyond Coal campaign she has worked at all levels of the organization to successfully bring the voices of volunteers and community members to places of decision making and power. This year the city of Los Angeles overwhelmingly voted to support Sierra Club's campaign to get LA Beyond Coal, so now it's our job to envision and gain support for a clean energy future. Come and learn how Los Angeles and the Sierra Club can decide what an LA Beyond Coal future will look like.

will be socializing
freshments.

**We need your
help!**

**The Sierra Club relies
heavily on its
volunteers to carry
out its Mission. Since
you probably have a
skill that we need and
if you can spare a few
hours a month, let us
know.**

Cartoon by Willis Simms



PARADE OF THE FOSSIL FOOLS!

Conservation Corner-

THE END OF "EASY OIL"

By Michael Stevenson , Program Chair of SFV Sierra Club

The tragic BP oil spill in the Gulf of Mexico is one of the largest in history. It has devastated thousands of square miles of sensitive ecosystems while also damaging both the fishing and tourist industry. Our government named BP as the responsible party, and committed to hold them accountable for all cleanup costs and other damage. But if you carefully think about it, we all bear some responsibility for this mess. Our growing thirst for oil to fuel our way of life, combined with the beginning of the end of "easy oil" has also led to this tragedy. The BP oil rig explosion is the inevitable result of pursuing energy from sources in ever more difficult situations. We are trying to extract oil from deeper and more geologically hazardous locations because most of the "easy oil" has already been tapped. Since we remain dependent on oil we have no choice but to go after this much more difficult oil.

The Arctic is next on the energy companies' agenda. An oil spill in this remote area of extreme weather conditions would prove to be even more difficult. The Arctic is an extremely fragile environment with plants and animals already living on the edge. The damage from a spill here could result in extinction for many species. **In the Gulf of Mexico there were tens of thousands of people working against an enormous tide of oil destruction. That kind of effort would not be available in the Arctic.**

The new reality we all need to face is that there is no clean, safe future for oil. We are running out of "easy oil" and all the hype about being more careful and using better technology to avoid accidents in difficult places is just propaganda from the oil companies. Because of their already existing and very expensive infrastructure investment in oil pipelines, oil refineries and gas stations they have a vested interest in the status quo and therefore pay much less attention to an alternative future.

In the U.S. over the past decade we have slightly reduced our per capita oil consumption. This is good, but the problem is that according to the Organization for Economic Cooperation and Development China and India together are adding more than 1.2 million cars to our planet every month. This results in more global competition for oil than ever before. If we only increase safety standards and put areas off limits to drilling we are not solving the major

Call Elaine Trogman
818 780-8345
Call Barry Katzen
818 341-8304

Scrabble Group



Do you enjoy spelling? Are you into words and combinations of words? Does the idea of spending hours hovering over a Scrabble board appeal to you? If so, you might like to join our Scrabble group. We meet once a month for an evening of fellowship, refreshments, and hard-fought Scrabble games. Beginners, intermediates, and experts are welcome. For more information call Julie at (818) 999-5384 or email julieszende@gmail.com



GET A FREE SOLAR
EVALUATION
WITH SIERRA CLUB

[Find out how to switch to clean, renewable energy and save money on your electric bills.](#)

Going solar with the Sierra Club Angeles Chapter in California and our solar partner, Sungevity, is a win, win, win! A win for you: Guarantee your family lower electric bills, free yourself from dirty energy, and do it all with no upfront investment. Most homeowners start saving on their power bills immediately.

[And if you go solar, you'll get a \\$750 gift card.](#)

A win for the planet: Powering your home with solar energy is the single

problem, which is our enormous oil consumption.

As long as the price of gasoline we pay at the pump doesn't represent its true cost to our way of life and environment we will continue to use it in a reckless manner. We should all be paying at the pump for the damage being done in the Gulf as well as the damage to our health and well-being. At the moment alternative energy can't compete with oil because we are not paying for the real cost of it. A value added tax on oil would force us to use less of it so we would drive less, car pool, ride public transportation and walk more. It would also leave a more level playing field for better educated alternatives to "drill baby drill".

THE END OF EASY OIL HAS PRODUCED FRACKING IN CALIFORNIA

Fracking is happening in Los Angeles
and other parts of So. Cal.

FRACKING IN SOUTHERN CALIFORNIA WEST LA County
Future and current places to be fracked:



Read the full article from Baldwin Hills Oilwatch site

<http://baldwinhillsoilwatch.org/>

an excerpt is below:

Fracking in the large urban Oilfield, the Inglewood Oilfield

Fracking for oil is happening in Baldwin Hills without proper concern for our health, safety or rights. Hydraulic Fracturing, or Fracking, is a controversial drilling practice involving pumping of immense quantities of water, chemicals and sand into the ground at very high pressure to break or fissure rock formations in the hope to access hidden pockets of oil and gas. Baldwin Hills is the home of the Inglewood Oil Field which is closely surrounded by a community of 300,000 people, and at 1100 acres it is the largest urban oil field in the country. Portions of the oil fields lie within and are bordered by Culver City, Los Angeles, Inglewood and Los Angeles county.

According to the [Baldwin Hills Fracking Study](#), Plains Exploration and Production Co (PXP), a Texas based company and operator, partial owner, and leasee, has already fracked more than 2 wells using High Volume Hydraulic Fracturing (HVHF) and over 830 instances of "Gravel-Pack" or conventional fracking. We need to BAN fracking NOW to safeguard our community.

The concerns are the following:

Fracking is unproven as a safe practice and is a concern in Culver City and the Baldwin Hills area due to the potential impacts and threats to health and safety of surrounding residents, communities and our environment. Some of

best way to shrink your carbon footprint - the equivalent of taking 1.5 cars off the road.

A win for the Sierra Club in California: Sungevity will donate \$750 to the Sierra Club for everyone who goes solar through this program. This means more money for Club's important environmental campaigns in California.

Here's how it works:

[Enter your address and energy use to get a free solar evaluation for your home.](#)

Your free Sungevity quote will detail your solar options, show you what your home would look like, and how much you would save on energy costs.

Join your neighbors in California and start generating positive energy –

[go solar today!](#)

If you want to know exactly how solar energy works (but don't want to read a book), here's a [handy graphic](#) that keeps it simple -- and meaningful.

S.A.F.E Centers: Permanent Collection Centers

The following S.A.F.E. (Solvents, Automotive, Flammables Electronics) Recycling and Disposal Information is available

**Northridge: Nicole Bernson
SAFE Collection Center**

10241 N. Balboa Blvd.
Northridge, CA 91325
Hours of Operation:
Saturdays, and Sundays
9:00 a.m. - 3:00 p.m.
([MAP/MAPA](#))

**Sun Valley: RANDALL STREET
SAFE Collection Center**

11025 Randall St
Sun Valley, CA 91352
Hours of Operation:
Saturdays and Sunday
9:00 a.m. - 3:00 p.m.
([MAP/MAPA](#))

They accept:

paint and solvents; used motor oil and filters, anti-freeze, and other automotive fluids; cleaning products; pool and garden chemicals; aerosol cans; all medicine except controlled substances; auto batteries; household batteries.
E-waste: computers,

these concerns include:

- **Long term effects of chemical-laden fracking fluids sequestered underground:**
 - Gas and fluid migration along and up faults, well bores and fractured rock formation,
 - Eventual contamination of local groundwater, Ballona Creek, wetlands and Santa Monica Bay,
 - The environmental impacts of toxic, carcinogenic and other chemicals in the slick water fracking fluid on humans and wildlife,
 - The long-term result of eventual earthquakes on movement and release of fracking chemicals into our environment,
 - The redistribution of natural contaminants that normally stay deep underground — including heavy metals and radioactive material — which are contained in fracking and other oil-drilling waste-water,
- **Increased Hazardous Air Pollutant releases from the oil field and fracking surface operations:**
 - Releases and blowouts in proximity of urban development endanger individuals in schools, homes and senior centers in Culver City and surrounding communities,
 - Impossibility to capture all leaking methane as emissions occur at every stage from drilling and fracking to the end-use of the natural gas,
 - [Common oilfield and fracking chemicals](#) include methanol, formaldehyde, carbon disulfide, H2S as well as volatile organic compounds, nitrogen oxides, benzene and toluene,
 - Greenhouse gases released as a byproduct of fracking challenge California's AB-32 climate change plan to reduce greenhouse gas emissions 15-30% to 1990 levels,
 - Captured air pollutants must be disposed of as solid wastes,
- Increased ground movements, land shifts, subsidence and uplift around residences above drilling and fracking locations,
- Increased seismic activity and movement of the oilfield and surroundings along the Newport-Inglewood Fault zone and its branches,
- Extremely large amounts of clean water permanently removed from our drinking supply, the evaporation/precipitation cycle and made non-usable,
- Absence of Spills/Releases and Emergency and evacuation plans,
- Well casing integrity issues and leaks in general and with higher pressures from fracking as well as a required need for an extremely long term plan for well head monitoring and maintenance.

The Water Committee is interested in fracking especially because fracking takes a lot of water and we are in a drought. This, also, takes water away from farmers who are growing our food. There have been areas where fracking is suspected of polluting the ground water. In the Angeles Chapter Water Committee we discuss many water issues and have presenters come to speak to us.

From your home, tune-in to the Angeles Chapter's WATER COMMITTEE

If you are interested in water issues in California, & especially So. Calif., we urge you to come or tune into the WATER COMMITTEE by phone. We have discussions within the committee and we, also, invite experts to speak to us.

Monthly Water Comm. Programs: In Nov. & Dec. the DWP will speak but topics will be determined.

The Water Comm. meets every month on the second Wed. at 7:00pm. If you can't make it in person then you can choose to tune-in from your home telephone or by video conferencing.

The no charge phone conference line is available at [1-866-501-6174](tel:1-866-501-6174) Code: 1000 400 1892.

GoToMeeting video conferencing link (no charge): <https://www4.gotomeeting.com/join/124173903>

**GoToMeeting app. (iPhone®, iPad® or Android®)
Meeting ID: [124-173-903](tel:124-173-903)**

Any questions for the Water Committee contact Charming Evelyn. If you want to personally attend the Water Committee, contact Charming for location. bcharmz@aol.com

monitors, printers, network equipment, cables, telephones, televisions, microwaves, video games, cell phones, radios, stereos, VCRs, and electronic toys

Transportation limit for chemical related items: It is against the law to transport more than 15 gallons or 125 pounds of hazardous waste to collection sites. Please pack your waste properly to prevent tipping or spilling of the waste during transportation

TIPS FOR BETTER CAR MILEAGE

Clean "junk" from your trunk: Don't store unnecessary items in your vehicle. An extra 100 lb. in your car can reduce your MPG by up to 2%.

Avoid "warm up" idling: Don't idle your engine to warm it up even on a cold day. An idling engine gets zero miles per gallon. Instead start driving slowly as soon as the engine is running smoothly. It's a more efficient way to warm the engine as well as the entire drive train including your tires.

Drive more cautiously: You can always get better fuel mileage out of your current vehicle by using a device you already have, your right foot. You get a big gain in fuel mileage when you significantly lay off the gas and brake pedals as you drive. Accelerating more slowly away from green lights and stopping more gradually for red lights significantly cuts fuel consumption. Stay under the speed limit. Start out by keeping a conscious eye on how you drive now and you may realize that you've been "hot-rodding" around town for years without ever noticing it. According to Edmunds.com if you currently get 22 miles per gallon a more laid-back driving style could increase your mileage by up to 30%.

SAN FERNANDO VALLEY SIERRA CLUB MANAGEMENT COMMITTEE

Chair/Rep to Executive Committee

Barry Katzen
818 341-8304

barkat@rocketmail.com

Vice-Chair...
.Anita Devore

Great Whale Conservancy

<http://www.greatwhaleconservancy.org/home>



Mz Blue at the First Annual Big Blue Whale Bash In Redondo Beach Sept. 8, 2013

Great Whale Conservancy co-Directors Michael Fishbach and Gershon Cohen attended the first annual Big Blue Whale Bash in Redondo Beach, California. The bash, which was sponsored by the Redondo Beach Marina and the Cabrillo Aquarium, was a big success and sure to be the first of many blue whale Bashes to come. Featured at the Bash was Mz Blue, our inflatable, life-sized blue whale, a lecture by well-known blue whale scientist John Calambokidis, as well as a whale-watch outing where participants saw blue whales one mile from the mouth of the harbor.



Use link Below--WATCH THE SHIPPING LANE PROBLEM!!

<http://www.youtube.com/watch?v=E1SwJfny2qs>

This video tells the story of why our shipping lanes in So. Calif. need to be moved further away from where the biggest whales, the blue whale, are feeding on krill between the Channel Islands and the Calif. coast. Whales are killed every year from collisions with ships. They want the shipping traffic to go along the Navy's Pt. Mugu waters during the feeding season July through Oct.

Stop the ship strikes on blue whales in So. Calif.

By signing this petition and read the story of what is happening.

<http://www.greatwhaleconservancy.org/stop-ship-strikes-blue-whales>

Petition is at bottom of link screen

MUST SEE!

INSPIRATIONAL WHALE RELEASE VIDEO

Use this link below:

<http://www.youtube.com/embed/EBYPicSD490?rel=0>

to watch a young whale being saved from drowning in fishing net and the beautiful acrobatics it does to say thanks!!!

818 705-2301

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818-999-5384

gabesende@yahoo.com

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PLEASE SIGN OUR PETITION NOW!

URGENT UPDATE ABOUT DEVELOPMENT OF STUDIO CITY'S WEDDINGTON GOLF & TENNIS

The developer is progressing with plans to build 200 condos and 635 parking spaces on this site. Help us send a strong message to elected officials that **WE WANT TO KEEP THIS PRECIOUS PATCH OF LAND 100% OPEN SPACE!**

[SIGN OUR PETITION OF SUPPORT NOW!](#)

For over 50 years this neighborhood gem along the LA River has been a beloved regional destination. Help us preserve it for future generations by [SIGNING OUR PETITION](#).

Then show your support by forwarding this email to your friends to join the effort to support 100% Open Space.

For more information visit us at www.SaveLARiverOpenSpace.org



INTERESTING VIDEOS

World's first restored seabird colony & it is in Maine. The story of restored Puffins & other birds that were completely wiped out by 1886 but restored in the 1980s. (**video**)

<http://therainforestsite.greatergood.com/clickToGive/trs/article/Puffins-Restored-to-Maine-Coast422>

Video BP time-line for Gulf oil disaster

http://support.edf.org/site/PageNavigator/BP_Timeline_Video.html&autologin=true&utm_source=EDF%20action%20network&utm_medium=email-31881&utm_campaign=informational

SEE THE HIKES AND PICTURES BELOW:



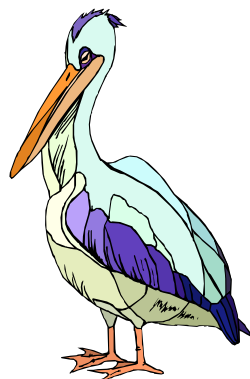
Sierra Club Santa Monica Mountains Taskforce (SMMTF) is largely responsible for many of the major trails in the Santa Monica Mountains.

Above is a picture of Mary Ann & Ron Webster who are founding members of the SMMTF. When hiking on the Musch Trail in Topanga Canyon you can thank them and their trail crews.

The SMMTF website is below:

The website is: <http://smtf.org/>

The Trail Crew of the SMMTF still maintains a strong program of building and maintaining trails that support recreational use throughout the Santa Monicas and in adjacent parkland. They have a need for volunteers. Use the graphic below to sign up.



SEE MORE PICTURES IN HIKE SECTION BELOW

WEEKEND ACTIVITIES

COME TO OUR PROGRAMS AND PICK UP OUR SCHEDULE OF ACTIVITIES through FEB 2014. The schedules have programs and some hikes in the San Fernando Valley area.)

See programs and all hikes thru FEB. 2014 from our San Fernando Valley Sierra

Club website. Use this link below to start: <http://angeles.sierraclub.org/sfv/>

**CALLING ALL HIKE LEADERS
OR TRAINEES FOR
SATURDAY OR SUNDAY HIKES**

**Help people who work to get exercise
and learn about nature.
Call or email Gabe Szende 818-999-5384
gabesende@yahoo.com**

SATURDAY & SUNDAY ACTIVITIES

SATURDAY ACTIVITIES

**Top of Reseda, Tarzana, SF Valley,
Third Saturdays of each month, 8:00am**

Oct. 19, 2013,; Nov. 16, Dec. 21

O: Sierra Singles--Moderate 2hr, 5 mile RT 800' elevation gain hike in the hills above Tarzana and Reseda overlooking the complete San Fernando Valley on fire road/trail composed of compacted dirt/sand and loose gravel. In the beginning and end, there will be very little shade and tree coverage with some shade in between. It is recommended that you bring sun block, wear light colored clothing/hat for daytime hiking, and a jacket for nighttime hiking, along with two quarts of water. Lug soles or athletic footwear for proper footing. Meet at 8:00am on third Saturdays of each month at trail-head at the Southern top of Reseda at the chainlink fence where the park entrance is and the paid parking begins. 3 miles South of Ventura Blvd after the sixth stop sign. Rain cancels

Hike leader: Joe Phillips 818 348-8884 Asst leader: TBD

Nov. 09, 2013 Malibu State Park's Movie Magic, Sat., 9:15 AM

This easy walking tour with Brian Rooney, author of "Three Magical Miles," will cover locations where Elvis Presley, Cary Grant, Barbara Stanwyck, Charlton Heston, and Rex Harrison among others have filmed scenes. With Mr. Rooney to guide us on this one-hour movie history tour, we will revisit the spots where countless movies were made. After the tour, we have the option to take a short hike to the site where the TV series "M*A*S*H*" was filmed. Space is limited, so please call for reservations no later than 11/7/13. We will meet at the parking lot. Directions: take the 101N to Malibu Canyon. Go south past Mulholland and turn right into the Park. Meet at 9:15AM in the first parking lot after the ticket booth.

Gabe Sende 818-999-5384 gabesende@yahoo.com

SUNDAY ACTIVITIES

TAKE A HIKE AT SEPULVEDA BASIN: Because of the plant destruction that was brought on by the Army Corp of Engineers, we are tentatively planning to conduct a public information hike around the damaged area each Sunday. If you are interested in the hike or if you are an interested hike leader

please contact Joe Phillips at 818-348-8884 recreationbyjoe@yahoo.com

Nov 10, 2013 Sun, Atwater Village 9:00am

O:Sierra Singles, co-SFV Atwater Village and LA River: Join us on this leisure walk of Atwater village. We'll see many Spanish style homes, a bit of main street, the big box stores, some local hang outs, and part of the LA River. This walk is level, mainly on sidewalk except for by the river and approximately 2 - 5 miles depending on you and the weather. Meet in the golf course parking lot next to 3207 Los Feliz Blvd, 9am. Wear appropriate attire, bring water, +88 or rain cancels. Join us afterwards for lunch at a local eatery.

Leader Sandra Tapia, co-leader Gerrie Montooth.

Sandra Tapia 818.365-4571, Sandra Tapia <sltderamas64@yahoo.com>;

Dec. 08, 2013 Pasadena Urban Walk 10:00am, Sun

O:SFV, Explore the unique residential treasures of old Pasadena. We will walk by many famous buildings and architectural sites. The walks will be between 3-4 miles and you are welcome to join us at the different locations. After the walk you are welcome to join the group lunch at one of the many great eateries. You are welcome to bring your ideas or information to share with the group. **Gabe**

Sende 818-999-5384 gabesende@yahoo.com

, Dec 15 Tarzana Safari Walk Sun

O:Sierra Singles, co-SFV, Tarzana Safari Walk: Join us on this very leisure walk thru the wilds of Tarzana. This is a level walk on sidewalk, approximately 1 - 2 miles. We'll learn a few interesting facts about Tarzana and its namesake. Meet at the corner of Reseda and Ventura Blvd, 5:30 pm. Dress appropriately and bring water. Afterwards join us for desert or dinner at a local eatery. Rain cancels. Leader Sandra Tapia, co-leader Gerrie Montooth.

Sandra Tapia 818.365-4571, Sandra Tapia <sltderamas64@yahoo.com>;



Tues, Nov. 19, 2013 hike through Malibu Nature Preserve

See write-up in activities below

Photo by Sierra Club hike leader Pixie Klemic

MON & TUES HIKES & ACTIVITIES

Monday

**Monday, November 18, 2013, 7:00-8:30p.m, FREE:
San Francis Dam Break and Saving the Santa Clara River**

Santa Susana Mountain Park Assn. Community Meeting

AT: Rockpointe Clubhouse, 22300 Devonshire Rd.,

Chatsworth, CA 91311 818.307.6418 www.smpa.com

Presenter #1: Arlene Bernholtz/ San Francis Dam Break Arlene will share stories of the largest California man-made disaster. March 1928 the dam broke with waters as high as 77-79 feet high that swept through the Santa Clarita Valley - Ventura County and out to the Pacific Ocean. The dam break destroyed livestock, wildlife, homes, with a human death count of approximately 600 people; actual count is still unknown. Man-made disasters will continue to occur when the power of nature is not respected.

Presenter #2: Lynne Plambeck / Saving the Santa Clara River

Lynne will report on the efforts by the coalition of conservation organizations and public interest groups, to stop the proposed Newhall Land Development (NLD), an area of 2,000 acres along the Santa Clara River, proposed development of 60,000 homes. The NLD will destroy the flow of the Santa Clara River by converting tributary streams to concrete-lined channels, filling in the Santa Clara River's floodplain on a large scale, causing destruction of open space, a riparian eco-system, unearthing and desecrating American Indian burial sites, sacred places, and cultural and natural resources. Lawsuits have been filed against Los Angeles County for not adhering to various environmental laws, Native American, state and federal laws.

Tuesday

Moderate Easy Paced 4-6 Mile.

For all hikes, bring 2 qts water, lunch, lugsoles, hat, & sunscreen.

RAIN CANCELS. Possible \$3-\$9 park fee

Hike Leaders phone #

Nancy Krupa (818)981-4799, Pixie Klemic (818)787-5420, M. Vernallis(818)360-4414, Gabe Szende 818-999-5384, Marcia Harris.310-828-6670, Charlotte Feitshans (818)818-501-1225, Peter Ireland 310-457-9783 (w) Sandra Tapia 818.365-4571, Rosemary Campbell (818)344-6869, Doug Demers(805)419-4094, Richard Pardi (818)346-6257. Dotty Sanford 805-532-2485, Rita Okowitz 818-889-9924, Virve Leps 310-477-9664. Reaven Gately (661)255-8873, Mimi Knights (661)253-3414, Ted Mattock (818)222-5581, Joe Phillips 818 348-8884, Stephen Beck 818-346-5759

Hikes sponsored by Wilderness Adventures

These hikes are included as a courtesy.

November 5, 2013 Stunt High Trail:

O:(WA) Moderately paced 6 mile 1000' gain hike through a beautiful riparian canyon and chaparral, with great sandstone outcroppings in the Santa Monica Mtns. Meet 8:30 AM Stunt High trailhead. From 101 Ventura Fwy take Valley Circle/Mulholland Dr exit south, turn right on Valmar Rd (becomes Old Topanga Cyn Rd), right on Mulholland Hwy for 3½ miles, left on Stunt Rd for 1 mile, park on dirt shoulder on right. Bring water, snack, lugsoles, hat, sunscreen. Rain cancels. Leader: PIXIE KLEMIC Asst: STEPHEN BECK

November 12 Placerita Canyon State Park:

O:(WA) Moderately paced 4 mile 400' gain hike through Placerita Canyon Park with shaded oak groves and a willow and sycamore-lined seasonal stream to Walker Ranch. Meet 8:30 AM at Placerita Nature Center parking lot. From Hwy 14 in Newhall take Placerita Cyn Rd exit and turn right (east) 1½ miles to park entrance. Bring water, snack, lugsoles, hat, sunscreen. Rain cancels. Leader: MARCIA HARRIS Asst: PIXIE KLEMIC

November 19 Malibu Nature Preserve from Nicholas Flat

O:(WA) : Rare opportunity to hike from Nicholas Flat in Leo Carrillo State Park and descend through a private nature preserve in Nicholas Cyn with stunning ocean views. 4-6 mile, 200' gain / 1600' loss. Learn how this land came to be protected and the history of this area. Enjoy snack in the beautiful Sycamore Grove picnic grounds and enjoy historic Sierra Club and local landscape art work in lodge. Meet at 8:30 AM at the Malibu Nature Preserve. Take 101 Fwy W to Kanan Rd., Kanan S to PCH, then PCH West 7 1/2 miles to Malibu Nature Preserve, 33905 West PCH, Malibu. Free parking. Short car shuttle. Bring water, snack, lug sole boots. Rain cancels. Leader: PETER IRELAND Asst: PIXIE KLEMIC

November 26

No Hike – Happy Thanksgiving!

Tuesday Reoccurring Hikes

LATE TUESDAY MORNING HIKES IN THE SFV

2013 Tuesday, 10:00am Nov. 5, 12, 19, 26

2013 Tuesday 10:00am Dec. 3, 10, 17

Call Gabe Sende for details 818-999-5384 gabesende@yahoo.com

We are starting a regularly scheduled hikes from easy to moderate in Malibu, Calabasas and Agoura Hill. We meet every Tuesday at 10 AM after the morning traffic is gone and do not have to fight the crowds!! There are plenty of places above the hills of Malibu where there is a lot of shade . The hikes will be between 3-5 miles the most, and will last 2 to 2 1/2 hours. We will pick a different location every week. SUGGESTIONS ARE ALWAYS WELCOME! Meet at the park at 10 AM and we will leave at 10:15. Bring plenty of water and sunscreen and hiking boots. Take the 101 Freeway to Las Virgenes Road and go South to Lost Hills Street and turn right to De Anza Park @ 3701 Lost Hills St. A large park with sports complex on North side of street. THIS ACTIVITY WILL REPEAT EVERY WEEK, THE SAME TIME AND SAME PLACE. Also, please note this hike is jointly sponsored by the CALABASAS HIKING GROUP.



Thurs, Nov. 7, 2013 Newton Canyon
See write-up in activities below
Photo by Sierra Club member Gayle Dufour

THURSDAY HIKES & ACTIVITIES

Hike Leaders phone #

Nancy Krupa (818)981-4799, Pixie Klemic (818)787-5420, M. Vernallis(818)360-4414, Gabe Szende 818-999-5384, Marcia Harris.310-828-6670, Charlotte Feitshans (818)818-501-1225, Peter Ireland 310-457-9783 (w) Sandra Tapia 818.365-4571, Rosemary Campbell (818)344-6869, Doug Demers(805)419-4094, Richard Pardi (818)346-6257. Dotty Sanford 805-532-2485, Rita Okowitz 818-889-9924, Virve Leps 310-477-9664. Reaven Gately (661)255-8873, Mimi Knights (661)253-3414, Ted Mattock (818)222-5581, Joe Phillips 818 348-8884, Stephen Beck 818-346-5759

Thurs Moderate Paced

**For all hikes, bring 2 qts water, lunch, lugsoles, hat, & sunscreen.
RAIN CANCELS. Possible \$3-\$9 park fee**

Hikes sponsored by Wilderness Adventures
These hikes are included as a courtesy.

Nov 7 , 2013 Newton Canyon Backbone Trail:

O:WA Moderately paced 8 mile 1400' gain hike on scenic trail through oak woodlands and chaparral. Meet 8:30 AM Newton Canyon Trailhead (from 101 Ventura Fwy take Kanan Rd, exit 36, south to paved trailhead parking area on west side just north of Tunnel 1 (3rd tunnel from 101 about 1¾ miles past Mulholland Hwy). Bring 2 qts water, lunch, lugsoles, hat, sunscreen. Rain cancels.

Leader: NANCY KRUPA Asst: STEPHEN BECK

Nov 14 Wilson Canyon:

O: WA Moderately paced 10 mile 1600' gain hike in Santa Monica Mts Conservancy park, from magnificent oak area to Wilson Saddle viewpoint with great SF valley views. Meet 8:30 AM at Wilson Cyn Park trailhead (from the Golden State/I-5 Freeway in Sylmar take

Roxford St, exit 159, north past the 210 Freeway, bend right onto Olive View Drive, continue past the main hospital and the four-way stop at Bledsoe Street to park entrance road located approximately 200 yards east of Bledsoe, just before Fenton Avenue, pay \$5 parking fee near entrance, then proceed to trailhead parking at the northwest terminus of the entry road). Bring \$5 for parking, 2 qts water, lunch, lugsoles, hat, sunscreen. Rain cancels.

Leaders: ROSEMARY CAMPBELL, MARGARET VERNALLIS

Nov 21 Cheeseboro Cyn:

O: WA Moderately paced 9-10 mile hike in Agoura Hills to Shepherds' Flat, over grasslands and along an old ranch road following a streambed. Meet 8:30 AM at trailhead (from 101 Ventura Fwy take Cheeseboro Rd, exit 35, turn north on Palo Comado Canyon Rd then right on Cheeseboro Rd, go north 1 mile to park entrance, turn right and proceed to dirt parking area at end). Bring 2 qts water, lunch, lugsoles, hat, sunscreen. Rain cancels.

Leader: TED MATTOCK Asst: MARGARET VERNALLIS

King Gillette Ranch



King Gillette Ranch

See write-up on activities below

Photo by Sierra Club member Gayle Dufour

King Gillette Ranch Directions & Info.

From 101 Ventura Fwy take Las Virgenes Rd/Malibu Canyon exit, go south approx. 3.5 miles to Mulholland Hwy. Turn left on Mulholland and then right to enter the long eucalyptus alleé driveway for Ranch.

Parking

Visit the King Gillette Ranch Visitor Center & Store Free Parking for 2 hours
Other Ranch parking is \$7.00. (There is an iron ranger at the parking lot entrance where visitors can pick up an envelope and make their payments.) All programs and activities are free unless stated on the event write-up.

Allow time to visit the Visitor Center and Store then take a hike.

The visitor center is a very enjoyable experience with many hands on exhibits regarding the

Santa Monica Mountains. There is, also, a fun short hike up a hill with great views in all directions. The photo above was taken from this hill.

King Gillette Interpretive Programs & Misc **Western National Parks Assn. events at King Gillette Ranch**

Santa Monica Mountains Interagency Visitor Center & Store
26876 Mulholland Highway, Calabasas, CA 91302 Open 9 – 5 Daily
Event Info/Reservations: 805-370-2302 General Info: 805-370-2301

Questions for these events below contact Sophia Wong, Store & Events Manager
Western National Parks Association
Santa Monica Mountains National Recreation Area
King Gillette Ranch
26876 Mulholland Highway, Calabasas CA 91302
805-370-2302 direct/ 805-370-2301 general, 818-880-6550 fax
samo@wnpa.org, www.wnpa.org

Below are Western National Parks Assn./National Park Service events at King Gillette Ranch

Vulture Verses: Love Poems for the Unloved **Mon, Nov 11 – 2:00 – 2:45 pm**

Great family fun for all ages! Join award winning children's author and naturalist Diane Lang as she reads her book *Vulture Verses*, winner of The Children's Book Review Award and PubWest Book Design Award, and shows off her collection of less-loved animals. Meet inside the Visitor Center.

Medicinal Plant Hike **Sat, Dec 7 10 am – 12 noon**

Join author and professor James Adams, PhD, of the USC School of Pharmacy as he leads a medicinal plant hike. Adams, who was trained in Chumash healing, will present traditional recipes for making healing medicines. Please bring your questions regarding pharmacology and toxicity concerns with plant medicines. Co-author of *Healing with Medicinal Plants of the West*, Adams will be available to sign his book after the hike. Reservations required. Meet inside the Visitor Center.

King-Gillette Interpretive Programs & Misc **Mountains Recreation & Conservation Authority (MRCA) events at King-Gillette** **Park sponsors the events below:**

These programs below are a project of the Mountains Recreation and Conservation Authority (MRCA) in cooperation with Santa Monica Mountains Conservancy, California State Parks, and National Park Service. Come visit their visitor center at King Gillette Ranch.

If you have questions on these programs below call: (818) 878-0866 x228 RAIN CANCELS \$7.00 parking
26800 Mulholland Hwy. Calabasas, CA 91302

Sat, November 2, 2013 at 10am **Innovation in the Golden Era**

King Gillette Ranch was home to early MGM Director Clarence Brown, who made films and threw star-studded parties. Take a story-filled walk through this still active filming location. Meet at parking lot to left of pond. 1.5 hours.

Sat, November 2, **Capture a Nature Moment, at 2pm**

Nature offers the best photo opportunities, but can be a difficult model. Learn the tricks of nature photography on an easy walk. Bring your camera. Meet at Santa Monica Mountains Interagency Visitor Center. 2 hours

Sat, November 9 at 3pm **Livin' in the Sticks**

Meet the Dusky-footed Woodrat on his own turf. Go on a tour of the neighborhood where they build elaborate nests that are both a

home and a time capsule. 1 mile easy walk. 2 hours.

Sat, November 16, at 2pm

Walk into the Chumash World

Discover how local Chumash Indians have used the natural resources of their environment for thousands of years to create a sustainable way of life. Easy 1 mile walk. Meet at parking lot to left of pond. 2 hours.

Sat, November 23 at 1pm

Stroll Through the Seasons

Enjoy a gentle walk through the native plant garden, where we will observe how plants and animals change with the seasons. Meet inside the Santa Monica Mountains Interagency Visitor Center. 30 minutes

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