



## **SIERRA CLUB San Fernando Valley**

**Newsletter July 2013 through October 2013**

**SAN FERNANDO VALLEY  
SIERRA CLUB GROUP**

**Monthly Meetings-**

**THE 3RD TUESDAY OF  
THE MONTH AT 7:00pm**

**Reseda Park Rec. Hall  
18411 Victory Blvd.**

**(cross street-Reseda Bl.)**

**(Back of child's play area), Reseda, CA.**



**JULY 16, 2013**

### **Energy Upgrade California**

Lore Pekar will present "Energy Upgrade California-what does this program mean for me?". Lore has been educated as an urban planner and is currently working towards a Masters degree in green building.

She has chaired the Sierra Club's Angeles Chapter's Green Building Committee for the past 5 years during which time they have supported initial green building ordinances for the City and County of Los Angeles. At present the committee is working to support Energy Upgrade California. Information about this program will be conveyed with practical details for homeowners on energy efficiency home retrofit practices.

*There will be socializing & refreshments*



**South Wild Life Area Pond 2010**



**Wild Life Area Pond Dec. 2012**

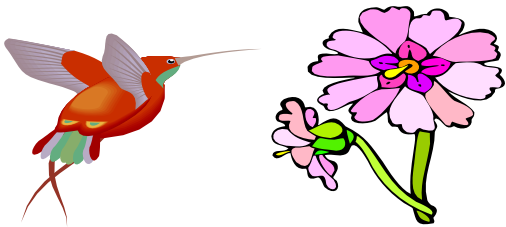
**AUGUST 20, 2013**

### **History, Controversy and Opportunities at the Sepulveda Basin Wildlife Areas**

Kris Ohlenkamp will present "History, Controversy and Opportunities in the Sepulveda Basin Wildlife Areas". Kris has been President and/or Conservation Chair of the San Fernando Valley Audubon Society for the last 35 years and has lead bird/nature walks in the Wildlife Area the first Sunday of every month since 1980. In December 2012 the U.S. Army Corps of Engineers destroyed the 48 acre "South Reserve". Come and find out about the flora and fauna, history and management, and controversies and plans for the area. Learn how you can help restore and protect this local treasure.

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**Sept. 17, 2013**

## How to Become a Wildlife Habitat Steward

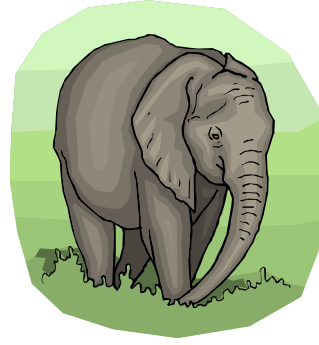
Alan Pollack, M.D. long time member of the Sierra Club and the Nature Conservancy is a life-long gardener and has merged his passion for wildlife with his passion for gardening.

His training by the National Wildlife Federation has enabled him to become a "Wildlife Habitat Steward". His yard is certified as an official, wildlife habitat site and for the past 8 years he has been giving free consultation and landscape designs to homeowners, churches, schools, and to anyone who wishes to create a garden that is attractive to wildlife as well as to humans. Alan can be contacted at:

[Alpat62@aol.com](mailto:Alpat62@aol.com) or at (818)340-2347.

He leads the Audubon-at-Home Project for the San Fernando Valley Audubon Society. Come and learn the 4 basic elements necessary for wildlife to survive as well as a discussion of sustainable gardening practices. This will be followed by a virtual tour of his certified habitat garden.

*There will be socializing and refreshments*



**October 15, 2013**

## Safari in Kenya

Alex Oloo will present "Safari in Kenya". Come and follow close up and personal the steps of the wildebeest migration in the Masai Mara eco-system.

Alex was born in Western Kenya by the shores of Lake Victoria. He is a Sierra Club Member and for over a decade has been a tour guide in Kenya. He worked as a tour guide for Roadscolars (formerly known as Elderhostel) for 6 years.

He is a professional Ornithologist by training and has worked with the Nairobi National Museum, Ornithology Department. He was the Guide Coordinator at the National Museum of Kenya. In Kenya he was involved in many conservation organizations including Youth for Conservation, the East Africa Wildlife Society, Kenya Museum Society and Nature Kenya which is involved in protecting important bird areas.

*There will be socializing and refreshments.*



**July 4, 2013**

## Potluck and Fireworks

Celebrate the 4th of July with the SFV section of the Sierra Club at the Serrania Park in Woodland Hills.

Please bring your favorite dish and drink to share. We will provide the dessert and the utensils. After the potluck we can join the crowds at the Warner Center for the fireworks. If you like to join us please contact the organizer, Gabe at [gabesende@yahoo.com](mailto:gabesende@yahoo.com) or call 818-999-5384

## We need your help!

The Sierra Club relies heavily on its volunteers to carry out its Mission. Since you probably have a skill that we need and if you can spare a few hours a month, let us know.

Call Elaine Trogman (818) 780-8345

Call Barry Katzen (818) 341-8304

### Learn About Conservation Tips

### & Enviro. Issues At our

### SF Valley Sierra Club WEBSITE:

<http://angeles.sierraclub.org/sfvg/>

### San Fern Valley Management Committee

**Chair/Rep to Executive Committee** Barry Katzen  
818 341-8304 [barkat@rocketmail.com](mailto:barkat@rocketmail.com)

**Vice-Chair**...Anita Devore 818 705-2301

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**Cartoonist**-The Late Willis Simms

Val-E-Vents is a publication provided to inform of local events and to increase awareness of environmental issues.

Materials to be considered for submission are welcome and must be received at least two months prior to issue date.

Submit material to: [ektrogman@yahoo.com](mailto:ektrogman@yahoo.com)

**It is dangerous to throw  
compact flourescent lights  
in the garbage.**

**You can recycle the lights  
at HOME DEPOT**

# Keeping Cool in Woodland Hills



by Gayle Dufour

I live on a mountaintop facing due west in Woodland Hills. There are no trees nearby, on this steep hillside, to shelter me from the sun. The summers here, from July to October, are extremely hot. All of the windows in my house are double-glazed and have thin cellular shades. I also have several high-sloped ceilings. My air conditioning, set at 78 degrees, wasn't keeping up with temperatures in the 100's.

To improve this situation, the first thing I thought about was the possibility of installing ceiling fans to help move the conditioned air around. They don't use much electricity. I noticed that I had ceiling fixtures in the kitchen, dining room, living room and study. Since the wiring was already in place, all I had to do was replace these lighting fixtures with ceiling fans that come with lights. Having done this, I noticed an immediate improvement in my air conditioning. It is able to keep up with higher temperatures outside.

Still, on those very hot over 100 degree days, I needed more help. I decided to place Insulfoam, Energy Star rated insulation, in the windows facing the western sun in the afternoon. The Insulfoam is made without CFC'S, HCFC'S or formaldehyde. I found the rigid insulation boards at a builder's hardware big box store in two thicknesses: 3/4 inch and 2 inch. Using a box cutter, I cut the Insulfoam to fit over the glass in the window frame. I slid these boards between the glass and my cellular shades. I used two different thicknesses, depending on how much space there was between the glass and the shade. This idea greatly cuts down the heat entering my house through these windows, lessening the air conditioning load.

Even so, there was one more thing left for me to do. I discovered retractable awnings! Since I wanted the sun to come in the winter but not in the summer, they were perfect for my situation. I contacted three awning companies for bids in the San Fernando Valley. I needed three awnings: one for the kitchen wall facing west and two for the two sliding glass doors also facing west. The modern architecture of my house did not provide roof overhangs in these areas. I hired one of these companies to install them with hand cranks, not motorized. I found the hand cranks easy to operate, not subject to breakdown and costing a lot less. By preventing the sun from reaching these walls, the awnings keep the temperature inside my house cooler by 10-15 degrees!

Using ceiling fans, Insulfoam rigid insulation boards and retractable awnings have definitely lowered my air conditioning bills during the long hot summer. I don't need to run the A/C system as often. When necessary, it comes on much later in the day. And most importantly, for comfort, the air conditioning keeps up with those 100 + degree days with the thermostat set at 78 degrees!

***Belated Mother's Day Tribute to  
Mothers of the  
Santa Monica Mountains  
National Recreational Area***



**Susan Nelson, Jill Swift, and Margot Feuer  
Three women, Sue Nelson, Jill Swift, and  
Margot Feuer galvanized the movement that  
helped make Santa Monica Mountains National  
Recreation Area a reality in 1978. ( per National  
Park Service)**

*By Elaine Trogman*

When I was in school in the 1950s and 1960s we used to go for drives and one of our most popular trips was to go from the SF Valley to Malibu via Malibu Canyon. It was very rural and my childish mind thought that would never change. Fast-forward until now and I now know that I was wrong but some of it changed for the better and other parts succumbed to the developer's shovel. The beginning of the Malibu Canyon ride from the SF Valley side has changed in that there are now continuous housing projects and fast food places where there was once open space. After you pass that part things start to look the same as when I was a kid. Some of that rural feeling can be credited to the 3 women whose picture you see above this article and they are Susan Nelson, Jill Swift and Margot Feuer. When I was a child most of that land I looked at was privately owned and at any time they could send in the bulldozers. Now large sections are National, State and local parks and, therefore, it has been saved from development but there are private lands sandwiched in-between.

Some people refer to Anthony Beilensen as the father of the Santa Monica Mountains Recreation Area (SMMNRA) and it is true he had political power to work with but there were 3 mothers who worked just as hard and they were Margot Feuer, Sue Nelson & Jill Swift. Both Margot and Sue spent a lot of their time trying to persuade political people to get involved with legislation to provide more land to SMMNRA; Margot became the Sierra Club's principal lobbyist for the park and made repeated trips to Washington to testify before Congress. What originally got Margot active were the terrifying proposals introduced, which included building a nuclear power plant in an isolated canyon and a freeway through Malibu Canyon.

Jill spent her time getting the public interested in the project by taking people hiking in the mountains for the purpose of showing them what could be lost with

development. In 1971 she led 5000 people on a march on Mulholland Drive. She was a member of the Sierra Club Santa Monica Mountains Task Force.

Margot was a founder of the group Save Open Space and helped to save Ahmanson Ranch and neighboring Jordan Ranch. Sue was president of the Friends of the Santa Monica Mountains, Parks and Seashore and on the Central Committee of the Sierra Club. Not only did Sue do lobbying for the parks but she, also, was involved in inventorying both plants and wildlife species for the National Park Service.

If you want to read more about the history of the creation and ongoing issues concerning the SMMNRA here are 2 links to articles below that can help you.

[July 12, 2012 article](#) by Las Virgenes Homeowners Federation: "The Battle for Santa Monica Mountains Goes On."

California Native Plant Society's: [A Mountain Park in a Great City.](#)

#### NEWS FROM THE

#### SANTA MONICAL MOUNTAINS RECREATION AREA

Santa Monica Mountains National Recreation Area (SMMNRA) is the largest urban national park in the country, encompassing more than 150,000 acres of mountains and coastline in Ventura and Los Angeles counties. A unit of the National Park System, it comprises a seamless network of local, state, and federal parks interwoven with private lands and communities. As one of only five Mediterranean ecosystems in the world, SMMNRA preserves the rich biological diversity of more than 450 animal species and 26 distinct plant communities. For more information, visit [www.nps.gov/samo](http://www.nps.gov/samo).

#### **Backbone Trail is Coming Along!**

Piece by piece, a trail is forging its way along the "backbone" of the recreation area. California State Parks took the first step toward a 65-mile Backbone Trail in 1978. With 5 miles left to go, single track trails and fire roads will unite this patchwork of public parklands from east to west.

#### **May 2013 Fire in west Santa Monica Mountains National Rec. Area, Saved Chumash Center**

THOUSAND OAKS, Calif. - Now that the 24,000-acre Springs Fire is officially controlled, the National Park Service is re-opening trails on the western side of the Santa Monica Mountains, with restrictions. Visitors are encouraged to help nature recover from the fire by respecting trail closures and staying on the trail in areas that are open. Foot and bike traffic tramples sensitive soil, vegetation, burrows and nests. Park officials estimate 70% of Rancho Sierra Vista's 1170 acres burned during the fire, though the Satwiwa Native American Indian Culture Center and all other structures were protected. More information is available at 805-370-2301.



On June 13, 1980, Charlie Cooke, hereditary Chief of the Chumash and concerned citizens fulfilled a dream-- a place for families to explore our natural world and learn about the Chumash. Satwiwa in Newbury Park, CA celebrates the beauty of the mountains and all Native American cultures.

## ALBINO DEER IN WISCONSIN



by Julie Szende

Anyone who watched the Wisconsin Public Television program "Nature: The Private Life of Deer" (May 8, 2013) was treated to a magical sight: an albino deer browsing contentedly in someone's back yard in the town of Boulder Junction, Wisconsin.

The beautiful creature was snow-white, graceful and as delicate as its normally-colored deer cousins. However, it had pink ears, a pink nose, pink hooves, and pale pink eyes. Through the centuries these rare animals have lived in Wisconsin in the pine forests there. Native Americans have spoken about them in their ancient lore.

There are several reasons why there are so many albino deer in Boulder Junction. It is forbidden for hunters to shoot these deer, and due to their unique appearance, the lovely animals are fed and cared for more zealously than average deer would be, which may be another factor for the herd's proliferation. There are more albino deer in Boulder Junction than anywhere in Wisconsin.

What exactly makes an albino deer? They lack the gene for normal coloration. They do not possess the enzyme melanin, which is responsible for skin, hair, and tissue color. The result of this genetic oddity is the total absence of color, which gives these animals their white appearance. Albinism in deer is a recessive trait. Both the buck and the doe must carry the recessive gene for it to occur in their offspring. While two albino deer who mate will have only albino fawns, an albino deer bred to a normal deer will produce normally colored fawns. However, these offspring carry the recessive gene for albinism, even though they are normally colored.

Albino deer are not as hardy as regular deer. Their eyesight is poor because of a lack of melanin, which makes their eyes much more sensitive to light. This handicap makes it difficult for them to see well during daylight hours. These deer also suffer from occasional lameness and malformations of the leg and hoof.

It is an interesting fact that not all white deer are albinos. Many white-tail deer sport snowy coats, just as their albino cousins do. These deer also carry the recessive gene for all-white coats, though they have normal-colored eyes, ears, noses and hooves. Occasionally these deer will show piebald, spotted, or white-spotted coats.

Boulder Junction forbids the hunting and shooting of these fascinating animals, which are sometimes referred to as "white deer" or "ghost deer.". However,

other white and albino deer in other parts of the country have not been so lucky. Hunters see them as rare trophies, and they are more apt to be shot. In 2012 a hunter shot a white deer in Sauk County, Wisconsin, causing townspeople to react in anger and sadness. There had previously been an unspoken agreement in the area to spare albino and white deer living there because of their beauty and rarity. The area had only eight white and albino deer at the time of the shooting. Sources "The Albino Deer of Boulder Junction" <http://boulderjct.org> "Dear deer--when mutants have a selective advantage," by D. Catchpole. <http://creation.com/white-deer>



Kern County oil & gas fields

## NEW "FRACK-RUSH" IN CALIF.

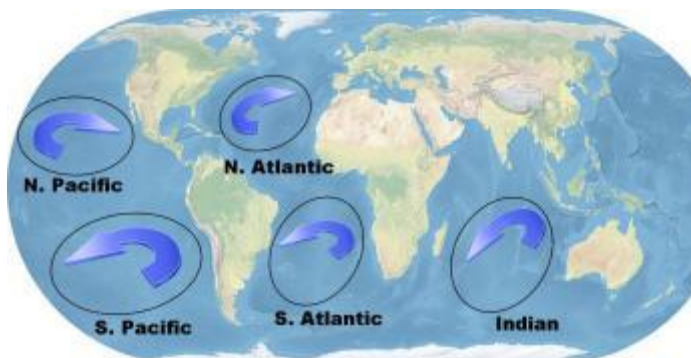
By Elaine Trogman

Many of us watched a documentary named "Gasland," where a man in Pennsylvania turned on his faucet and then lit a match to the water and it started to burn. We Californians looked on with amazement but then said to ourselves, "That took place in Pennsylvania but it couldn't happen here."

It is not just their east coast battle to fight against a practice called hydraulic fracturing or nicknamed "fracking." Fracking is a controversial practice of freeing oil and gas from rock formations by injecting chemicals under high pressure into the ground. The fear is that it will contaminate the underground water. The companies that do this say they don't have to list what chemicals they are using because they don't have to disclose "trade secrets."

It turns out that "fracking" has been practiced since the 1960s in California but only for oil and that is in Kern County and So. California. Now there is a much bigger prize to be gained and that is the Monterey Shale, which runs from the Central Valley through San Benito into Monterey County. The formation is believed to hold as much as 15.5 billion barrels of recoverable oil, which would make it the nation's largest shale oil formation. Lately, the Federal Bureau of Land Management leased 18,000 acres in southern Monterey County for fracking. It appears that there might be an equivalent to the "gold rush" in California.

If all this leasing of land for fracking wasn't bad enough, Division of Oil Gas and Geothermal Resources (DOGGR) proposes to weaken laws we have about polluting underground water.



**The five subtropical gyres are gigantic whirlpools where waste is picked up and concentrated by slow-swirling currents.**

## Ocean Plastic Pollution Needs Prevention and Beach Cleanup

By Sarah Mosko

**Read the full story and other environmental articles by Sarah Mosko on [BoogieGreen.com](http://BoogieGreen.com).**

Interest in methods to rid the oceans of plastic debris is motivated by very real threats to the entire ocean food web. The “North Pacific Garbage Patch” is the most studied of the five subtropical gyres, gigantic whirlpools where waste is picked up and concentrated by slow-swirling currents. There, plastic debris already outweighs zooplankton, tiny creatures at the base of the food web, by a factor of 36:1, according to the latest trawls by the [Algalita Marine Research Institute](http://Algalita Marine Research Institute) in Long Beach, CA.

Conventional plastics do not biodegrade on land or in water, but become brittle in sunlight and break apart into ever smaller bits of plastic, still containing toxic substances introduced during manufacture – like phthalates, bisphenol-A and flame retardants. Plastics also attract and concentrate persistent oily pollutants present in seawater. So plastic debris not only threatens sea creatures through entanglement or by clogging their digestive tracts, but also introduces dangerous chemicals into the food chain.

Except for the tiny fraction of plastics which has been incinerated, all plastic ever manufactured is still somewhere on the planet. And, with virgin plastics production still greatly outpacing recycling – which in the United States averaged only eight percent in 2010 – our oceans will continue to become more polluted with plastics until something is done to stop it. But given the vastness of the oceans, which cover 71 percent of the earth’s surface or some 360 million square kilometers, the question is, what realistically can be done?

There are obvious realities which have to be confronted in any offshore cleanup plan, starting with how to find the debris. Gyres are loosely-defined expanses the size of continents. Even in the center where debris accumulation peaks, the effect is of a plastic soup with fragments distributed throughout the water column to a depth of roughly 20 meters, (~65 feet.) And, plastics are in no way confined to gyres, but amassing throughout marine environments

as diverse as shoreline mangroves and the Arctic seafloor.

Next is the challenge of *selectively* extracting plastics, which become microscopic over time, without destroying sea life, and what about plastics already colonized by sea creatures? Then follows the dilemma of what to do with the plastics once extracted and, of course, how to fund the operation. Moreover, any device deployed in the sea would have to contend with the highly corrosive forces wrought by constant motion, violent storms, and accumulation of bird droppings and barnacles.

**Gyre Cleanup Would Never Be Enough:** Even if any gyre cleanup devices are ever successfully deployed, what seems clear is that, alone, they could not solve the crisis of ocean plastics pollution. Even after recycling, the average American generates a half pound of plastic refuse daily ([USEPA](http://USEPA)). As consumption of plastics generally parallels development, worldwide plastic waste generation is expected to continue to rise into the future. It seems delusional to believe that open ocean cleanup schemes could keep pace with new plastics entering the oceans.

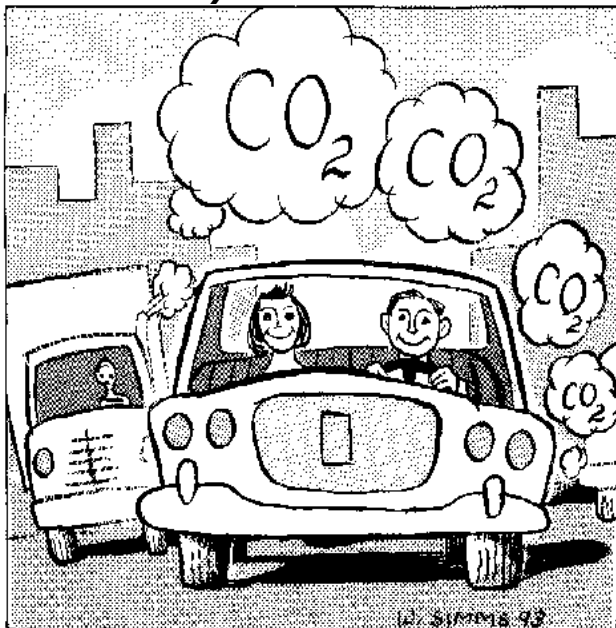
The only rational approach is to focus first and foremost on stemming the flow of plastics into marine environments. In addition to maximizing recycling and placing barriers at obvious ocean entry points like river mouths, significant societal transformations are needed: for consumers, a shift away from single-use plastics and, for industry, embracing “extended producer responsibility” policies which make producers responsible for the sustainability of what they manufacture.

A good start might entail a producer fee on products made of virgin plastics, asking manufacturers to take back and recycle their products, and an end to planned product obsolescence. A study recently published in *Marine Pollution Bulletin* confirms that marine litter is reduced when plastics are better managed on land. For plastics pollution already at sea, oceanographer and flotsam expert [Curtis Ebbesmeyer](http://Curtis Ebbesmeyer) points out that maybe half a gyre’s contents is jettisoned each rotation, ferried eventually by currents onto shores. **This means anyone can lend a hand in gyre cleanup by participating in the annual International Coastal Cleanup organized by the Ocean Conservancy. The International Day of Cleanup is on Sept. 21, 2013.**

**The cleanup will take place at Will Rogers State Beach on Sept. 21, 2013**

**Contact Eveline Bravo,  
[ebravo@HealTheBay.org](mailto:ebravo@HealTheBay.org)  
Web info: [healthebay.org](http://healthebay.org)**

by Willis Simms



GLOBAL WARMING JOY RIDE.

### Conservation Corner

## The National Climate Assessment Report

By Michael Stevenson

For some time the scientific community has accepted that human activities are responsible for significantly altering our atmosphere, oceans, land, polar ice caps and ecosystems. At present 97% of all publishing climate scientists, view the climate evidence as showing that humans are primarily responsible for global warming. A national poll on global warming was released recently by the firm Public Policy Polling. Among respondents who said they had voted for President Barack Obama in the 2012 presidential election, 77% said they believe global warming is real. By contrast, only 24% of respondents who voted for former Gov. Mitt Romney in 2012 said they believe global warming is real.

In light of this it may be a surprise to some that the U.S. Global Change Research Program (USGCRP) was established by Republican President George H.W. Bush in 1989 and mandated by Congress in the Global Change Research Act of 1990. This legislation was drafted to assist in the understanding, assessing, predicting and responding to human induced as well as natural processes of global change in climate, land productivity, oceans and water resources, atmospheric chemistry and ecological systems. Reports were to be produced every 10 years.

This year The National Climate Assessment and Development Advisory Committee have overseen the development of the draft of the Third National Climate Assessment Report. This 60-person Federal Advisory Committee was established under the Dept. of Commerce in 2010. Public comments on this new report written by some 240 authors were conducted

from January to April, 2013. After an extensive review to be completed by the National Academy of Sciences, the National Climate Assessment Report will be submitted to the Federal Government. As many environmentalists already understand it will most certainly present a sobering account of the new world that awaits us if we don't act to change our situation.

The response to these findings will appear in The National Global Change Research Plan 2012-2021. This plan will (1) encompass the advancement of the fundamental research needed to improve our understanding of the natural and human components of our climate, (2) provide a scientific basis to inform and enable timely decisions on adaptation and mitigation to climate change, (3) help build a sustainable assessment capacity to improve our ability to understand, anticipate and respond to global change impacts and vulnerabilities and (4) advance and broaden the public's understanding of climate change as well as helping develop a scientific workforce of the future.

The report covers a number of subjects including the effects of climate change on water resources, energy supply and uses, transportation, agriculture, ecosystems, human health, land use as well as how the coming changes will effect different regions of our country. A more recent idea has been to move from a primary focus on climate science and include other scientific disciplines that that look at other stressors on our environment. These include the impact of land clearing, urbanization, and un-sustainable agricultural practices such as poor use of water resources, and over grazing that lead to ecosystem degradation, biodiversity loss and the decline of water availability and quality.

Having access to scientific data about causes and effects of global changes can provide valuable information to help people make informed decisions in their lives, businesses and communities. The USGCRP will establish an inter-agency Global Change Information System. This web based system will deploy and manage global change information for use by scientists, decision makers and the general public. Progress on mitigating and reversing global climate change will be more rapid by promoting an international coordinated response to this crisis all which will be included in this information system. Sadly getting international co-operation on this issue may be easier than convincing the conservatives in our own country that climate change is for real and needs immediate attention.

More information may be found on this topic at [www.globalchange.gov](http://www.globalchange.gov)

### TOXIC CHEMICALS FOUND IN NEWBORNS

**Report in 2005 from the non-profit Environmental Working Group that an average of 204 industrial chemicals showed up in the umbilical cord blood of newborns in the US, most known to be toxic.**

**Read article by Sarah Mosko, Ph.D. at her website:**

**Visit [www.BoogieGreen.com](http://www.BoogieGreen.com)**

**Article: "Trust in Chemicals Unhealthy" Aug. 2007**

**CALLING ALL HIKE LEADERS  
Or trainees for  
SATURDAY OR SUNDAY Hikes**  
Help people who work to get exercise and  
learn about nature.  
Call or email Gabe Szende 818-999-5384  
<russianstore@earthlink.net>

## SFVSC Upcoming Hikes

### Hike Leaders phone #

N. Krupa (818)981-4799, Pixie Klemic (818)787-5420  
M. Vernallis (818)360-4414, Gabe Szende 818-999-5384,  
Marcia Harris.310-828-6670, Charlotte Feitshans  
(818)818-501-1225, Peter Ireland 310-457-9783 (w)  
Sandra Tapia 818.365-4571, Rosemary Campbell  
(818)344-6869, Doug Demers( 805)419-4094, Richard  
Pardi (818)346-6257. Dotty Sanford 805-532-2485, Rita  
Okowitz 818-889-9924, and Virve Leps 310-477-9664.  
Reaven Gately (661)255-8873, Mimi Knights (661)253-  
3414, Ted Mattock (818)222-5581,  
Joe Phillips 818 348-8884 Stephen Beck 18-346-5759

*Come and learn about the local habitat of  
the Southern California Coastal and inland  
areas with the San Fernando Valley Group*

Tues & Thur hikes sponsor: WildernessAdvent(WA)  
Tues & Thurs. hikes printed as a courtesy.

**For all hikes, bring 2 qts water,  
lunch, lugsoles, hat, & sunscreen.  
Rain cancels. Possible \$3-\$5 park fee**



## **TUESDAY HIKES**

**Moderate Easy Paced 4-6  
Mile. RAIN CANCELS**

### July 2, 2013 Point Dume to Paradise Cove

**Beach Walk:** o:(WA) Moderately paced 5-6 mile, 200' gain, low tide beach walk over the bluff at Pt. Dume to Paradise Cove. Beautiful cliffs, sparkling surf, soft sands and tide pools. Meet 8:30 AM at entrance to Westward Beach parking lot. From PCH and Kanan Rd., go north appx. ¾ mile and turn left into Westward Beach Rd (just before Zuma Beach), go ½ mile and park on side of road or pay to park in lot at end of road. Bring water, snack, sandals or tennis shoes OK, hat, sunscreen. Rain cancels. Leader: PIXIE KLEMIC Asst: HERB MOORE

### July 9 Caballero Canyon and Bent Arrow

**Trail:** o:(WA) Moderately paced 5 mile loop hike with 900' elevation gain up a typical SM Mtn canyon onto old dirt Mulholland, then briefly into Topanga State Park. Chaparral and valley views. Meet at 7:30 AM at the Caballero trailhead. From 101 Ventura Fwy take Reseda Blvd exit, turn south and go 2 miles, street parking. Trailhead is on east side across from Braemar Country Club entrance. Bring water, snack, lugsoles, hat, sunscreen. Rain cancels. Leader: STEPHEN BECK Asst: VIRVE LEPS

### July 16 Malibu Beach Walk:

**O:(WA)** Low tide beach walk from Dan locker State Beach to Malibu Lagoon. Moderately paced 6 mile, no gain walk along

beach (bare feet OK) past tide pools and sea creatures. Meet at the beach at 8:00 AM. From 101 Ventura Fwy take Las Virgenes Rd/Malibu Canyon exit, go south to Pacific Coast Hwy. From Malibu Canyon Rd intersection, go west on Pacific Coast Hwy appx. 2 miles. Park on PCH near the lifeguard station at bottom of hill. (You'll need to turn around and park on the beach side. The 76 station at Corral Canyon Rd is handy.) Bring water, snack, hat, sunscreen. Rain cancels. Leader: PIXIE KLEMIC Asst: HERB MOORE

### July 23 Las Virgenes Canyon:

**O:(WA)** Moderately paced 6 mile 800' gain hike on picturesque trail and along a seasonal stream among the beautiful grasslands of Simi Hills. Meet 7:30 AM at trailhead kiosk. From 101 Ventura Fwy take Las Virgenes Rd exit north 1+ mile to end, street parking. Bring water, snack, lugsoles, hat, sunscreen. Rain cancels. Leader: PIXIE KLEMIC Asst: TBD

### July 30 Tue Moderate easy pace Hikers /

#### Zuma Beach walk:

**O:(WA)** Moderately paced 5-6 mile, no gain low tide beach walk along Zuma Beach past an estuary, the beautiful cliffs, sparkling surf, soft sands, and a chance to see how that sea wall is coming. Meet 8:00 AM at entrance to Westward Beach parking lot. From PCH and Kanan Rd., go north appx. ¾ mile and turn left into Westward Beach Rd (just before Zuma Beach), go ½ mile and park on side of road at end of road before lot. Bring water, hat, sunscreen, snack; sandals, tennis shoes or bare feet (!) OK. Rain cancels. Leader: PIXIE KLEMIC Asst: HERB MOORE

### August 6, 2013 Bear Divide to Walker

#### Ranch:

**O:(WA)** 6 mile, 1300' loss hike. We will start at the top of the San Gabriel Mtns at Bear Divide; hike the ridge to the Wilson Saddle with great views of the Valleys, then down the Los Pinetos Trail into the oaks at Walker Ranch in Placerita Cyn SP. Meet at Walker Ranch trail head parking area for car shuttle to Bear Divide at 7:30 AM. From Hwy 14 in Newhall take Placerita Cyn Rd exit and go east about 3½ miles, passing Placerita Cyn Park entrance, to dirt shoulder parking for Walker Ranch on right. Do not block gate. Rain cancels. Leader: REAVEN GATELY Asst: PIXIE KLEMIC

### August 13 Malibu Beach Walk:

**O:(WA)** Low tide beach walk at Surfrider Beach and past Malibu Lagoon into the Colony. Moderately paced 4 mile, no gain walk along beach (bare feet OK) Lots of birds. We'll see how the Lagoon is recovering from all the recent work. Meet 8:00 AM at Surfrider Beach parking lot - From 101 Ventura Fwy take Las Virgenes Rd/Malibu Canyon exit, go south to Pacific Coast Hwy. Turn left (E) and go 1 ¼ mile; after crossing bridge, either park on beach side of PCH between Adamson House and Pier or enter fee lot by Adamson house. Rain cancels. Leader: PIXIE KLEMIC Asst: HERB MOORE

### August 20 Trippet Ranch to Eagle Rock via

#### Musch Trail

**O:(WA) :** Moderately paced 5 mile, 700' gain hike through Topanga State Park with, grasslands, oak woodlands, chaparral and coastal sage to great 360° view at Eagle Rock via the Musch Trail. Meet 8:00 AM at Trippet Ranch fee parking lot. From 101 Ventura Fwy take Topanga Canyon Blvd 7 ½ mi. south to Entrada Rd, turn left (east), and go about a mile to fee lot. Rain cancels. Leader: STEPHEN BECK Asst: VIRVE LEPS

### August 27 Franklin Canyon:

**O:(WA)** Moderately paced 5 mile, 800' gain hike up and down a chaparral canyon, with a wonderful viewpoint of the WLA and the Pacific Ocean, then by a lake in the midst of Beverly Hills. Meet 8:00 AM at Franklin Park/Ranch parking lot. From 101 Fwy take Coldwater Canyon south 2 1/2 miles where it crosses Mulholland Drive West. Make a 90° turn onto Franklin Canyon Drive (sign reads Road Closed 800 yrds) and enter park. Pass upper parking lot at nature center, continue veering right around lake. Turn right at stop sign at bottom of lake, drive 1 mile and veer left on Lake Drive. Warning: Stop at camera monitored stop signs in park or you will be ticketed. Follow to end and park. Rain cancels. Leader: PIXIE KLEMIC Asst: TBD



## **September 3, 2013 Tapia SP to Malibu Creek SP / Backbone Trail:**

**O: (WA)** Moderately paced 500' gain, 6.5 mile route from Tapia SP to Malibu Creek SP; visit the Rock Pool and Century Lake and return. Meet 8:00 AM at Tapia Park. From 101 Ventura Fwy take Las Virgenes Rd exit and go approximately 4 1/4 miles south, passing Malibu Creek State Park. Enter Tapia Park just before Pioma Rd, and park in first parking area in fee lot. Rain cancels. Leader: MARCIA HARRIS Asst: STEPHEN BECK

## **September 10 Chumash Trail:**

**O: (WA)** Moderately paced 5 mile, 1100' gain hike up the chaparral cloaked Santa Susana Mtns. through wonderful sculpted sandstone rock formations with a series of scenic overlooks. Meet 8:00 AM at trailhead. From 118 Fwy take Yosemite Ave exit north 0.4 mile, turn right on Flanagan Dr, continue 0.8 mile to end and park. Rain cancels.

Leader: REAVEN GATELY Asst: PIXIE KLEMIC

## **September 17 Top of Reseda to Cathedral Rock:**

**O: (WA)** Moderately paced 5 mile, 300' gain hike along dirt Mulholland and fire roads through the chaparral of Topanga State Park. Valley views, with and a glimpse of the Pacific, too! Meet 8:00 AM at top of Reseda Blvd in Tarzana. From 101 Ventura Fwy take Reseda Blvd exit, turn south and go 3 miles to Mulholland Gateway Park. Choice to park along street below the white line at beginning of fee area or pay fee and park above. Meet at trailhead at the top. Rain cancels.

Leader: PIXIE KLEMIC Asst: HERB MOORE

## **September 24 Rocky Peak:**

**O: (WA)** Moderately paced 6 mile 1100' gain hike in Santa Susana Mtns to Rocky Peak, primarily on fire road through dramatic sandstone rock formations, coastal sage scrub and chaparral with great views of Simi and San Fernando Valleys. Meet 8:00 AM at Rocky Peak Rd trailhead. From westbound 118 Fwy take Rocky Peak Rd exit, street parking (with fee) just beyond end of off ramp or park over bridge without fee. Rain cancels.

Leader: REAVEN GATELY Asst: PIXIE KLEMIC

## **October 1, 2013 Hondo Canyon Backbone Trail:**

**O: (WA)** Moderately paced 5 mile 1400' loss hike in a dramatic, scenic canyon. Short shuttle to top of mountain and a downhill hike. Meet 8:00 AM at trailhead, located on Old Topanga Canyon Rd 0.4 mile west of intersection with Topanga Canyon Blvd. Limited roadside parking, so please rideshare. Rain cancels.

Leader: CHARLOTTE FEITSHANS Asst: DOTTY SANDFORD

## **October 8 Limekiln Canyon:**

**O: (WA)** Moderately paced 5 mile hike with 600' gain along the creek of a lovely oak and sycamore lined canyon in Porter Ranch's "Greenway" trail system in the Santa Susana Mtns. Great views across the north SF Valley from Palisades Park – yes, Valley version! Meet 8:30 AM at trailhead: Exit the 118 Freeway at Tampa Ave. Go north on Tampa about 1/2 mile and park near 11449 Tampa on left side of street. Optional Pot luck after hike at Beth's studio. Rain cancels.

Leader: MARCIA HARRIS Asst: CHARLOTTE FEITSHANS

## **October 15 Towsley Canyon, Santa Clarita Woodlands**

**O: (WA)** : Moderately paced 5 1/2 mile 1000' gain with great vistas, a chilly narrows, diverse plant life, tar seeps and a fumarole. Meet 8:30 AM Ed Davis Park, Newhall. Take the Calgrove exit from Interstate 5, turn west under the freeway and take the Old Road south 1/2 mile to Ed Davis Park entrance on right, park in second dirt parking area on the right near kiosk, about 50 yds past entrance gate, before fee area. Rain cancels.

Leader: REAVEN GATELY Asst: PIXIE KLEMIC

## **October 22 Cheeseboro Canyon:**

**O: (WA)** Moderately paced 6+ mile, 500' elevation gain in the lovely Simi Hills, first through ridge grasslands, then along an old ranch road following a streambed/multiple stream crossings with

lovely oak woodlands to Sulfur Springs. Meet 8:30 AM at trailhead. From 101 Ventura Fwy take Cheeseboro Rd exit, turn north on Palo Comado Canyon Rd then right on Cheeseboro Rd, and continue 1 mile to park entrance, turn right and follow road to second parking lot at end. Rain cancels.

Leader: SHARON SWONGER Asst: DOTTY SANDFORD

## **October 29 China Flat:**

**O: (WA)** Moderately paced 6 mile, 1000' gain hike in scenic Simi Hills with panoramic views, through chaparral and sandstone outcroppings up to an oak-dotted grassland meadow and seasonal pond. Meet 8:30 AM at Lindero Cyn Rd trailhead. From 101 Ventura Fwy take Lindero Cyn Rd exit N, proceed 4 miles, past Kanan Rd to King James Ct, and park just north on Lindero Cyn. Rd. Rain cancels.

Leader: STEPHEN BECK Asst: SHARON SWONGER

# **THURSDAY HIKES**

## **July 4, 2013 Tues - Serrania Park Potluck and Fireworks**

Celebrate the 4th of July with the SFV section of the Sierra Club at the Serrania Park in Woodland Hills.

Please bring your favorite dish and drink to share. We will provide the dessert and the utensils. After the potluck we can join the crowds at the Warner Center for the fireworks. If you like to join us please contact the Organizer, Gabe @ gabesende@yahoo.com or call 818-999-5384

## **July 4, 2013—NO THURS. HIKE**

## **July 11, 2013 Malibu Beach Walk:**

**O: (WA) Summer Schedule –**

Moderately paced 5 to 7 mile walk at Surfrider Beach in Malibu. Meet 7:30 am at Surfrider Beach parking lot (from 101 Ventura Fwy take Las Virgenes/Malibu Canyon Rd, exit 32, to Pacific Coast Hwy, turn left (east), go 1 1/4 mile and after crossing bridge either park on right (beach) side of PCH between Adamson House & the pier, or enter parking lot at Adamson House & pay to park in lot. Bring water, snacks, hat, sunscreen. Rain cancels.

Leader: PIXIE KLEMIC Asst: STEPHEN BECK

## **July 18 Franklin Canyon:**

**O: (WA) Summer Schedule –**Moderately paced 4-7 mile hike, depending on weather, in unofficial middle of city of Los Angeles. Meet 7:30 AM at lower (ranch) parking lot (from 101 Ventura Fwy take Coldwater Canyon, exit 15, south to Mulholland Dr intersection (traffic light), make a soft(100 degree) right turn onto Franklin Canyon Dr and go approx 3/4 mile passing upper parking lot at nature center, then at stop sign follow right side of fork and continue past lake & across dam, turn right at stop sign, go 1/2 mile, then follow left side of fork which is Lake Drive, continue 1/2 mile to end & park in lot on left). Warning: Be sure to come to a complete stop at the photo enforced stop signs in the park, or you will get a ticket. Bring plenty of water, snack, lugsoles, hat, sunscreen. Rain cancels.

Leaders: PIXIE KLEMIC, NANCY KRUPA

## **July 25 Paradise Cove Beach Walk:**

**O: Summer Schedule -** Moderately paced 5 to 7 mile walk on the beach & the bluff to Paradise Cove and back. Meet 7:30 am at entrance to Westward Beach Rd parking lot in Malibu (from Kanan Dume Rd intersection go west on Pacific Coast Hwy 3/4 mile, turn left on Westward Beach Rd (just before Zuma Beach), go about 1/2 mile and park on side of road or pay to park in lot at end of road). Bring water, snacks, hat, sunscreen. Rain cancels.

Leader: MIMI KNIGHTS Asst: NANCY KRUPA

## **August 1, 2013 Top of Reseda:**

**O: Summer Schedule -** Moderately paced 5-8 mile hike, depending on weather, in northern Topanga State Park. Meet 7:30 AM at top of Reseda Blvd in Tarzana (from 101 Ventura Fwy take Reseda Blvd, exit 23, turn south and go 3 miles to Mulholland Gateway Park, and park along street below the yellow line, just outside fee area). Bring plenty of water, snacks, lugsoles, hat, sunscreen. Rain cancels.

Leader: REAVEN GATELY Asst: NANCY KRUPA

## Aug 8 Parker Mesa

### **O: Thu Moderate Hikers/ Summer Schedule – Overlook:**

Moderately paced 6 mile hike, 1300 feet gain, in western Topanga State Park. Meet 7:30 AM at trailhead (from 101 Ventura Fwy take Topanga Canyon Blvd south to Entrada Rd, turn left (east) and continue to fork with Colina Drive (do not turn right on Colina Road), continue straight on Colina Drive until it meets with Waveview Drive, Trippett, and Entrada Rd, and park on street). Bring plenty of water, snacks, lugsoles, hat, sunscreen. Rain cancels.

Leader: TED MATTOCK Asst: NANCY KRUPA

## Aug 15 Trippet Ranch, Musch Trail, Eagle

### **Rock Loop:**

**O: Summer Schedule** - Moderately paced 6 mile 1200' gain hike in Topanga State Park. Meet 7:30 AM at Trippet Ranch parking lot (from 101 Ventura Fwy take Topanga Canyon Blvd, exit 27, south to Entrada Rd, turn left (east), go about one mile making two left turns to stay on Entrada Rd, and park along Entrada Rd outside lot or pay to park in lot). Bring \$ for parking, 2 qts water, snacks, lugsoles, hat, sunscreen. Rain cancels.

Leader: NANCY KRUPA Asst: STEPHEN BECK

## Aug 22 Upper Mandeville & Nike Radar

### **Site:**

**O: Summer Schedule** - Moderately paced 6 mile 1100 ft gain hike in upper Mandeville Canyon and to Nike missile radar site. Meet 7:30 AM at trailhead (from Ventura Blvd in Encino take Hayvenhurst Ave south about 1.8 miles, turn right (west) on Encino Hills Drive and continue about 1 more mile to beginning of dirt Mulholland Dr, or from 405 Fwy in Sepulveda pass, take Mulholland Dr, exit 61, west about 2 miles to end of pavement at Encino Hills Drive. On dirt Mulholland go about 100 yards west and park facing white posts). Bring plenty of water, snacks, lugsoles, hat, sunscreen. Rain cancels.

Leader: NANCY KRUPA Asst: REAVEN GATELY

## Aug 29 Orange and Red Lines, Ed's

### **Downtown:**

**O: (WA)** Ed Rosenthal will show us around his territory in downtown Los Angeles, visiting historic places as well as new developments. Meet 8 AM at the Sepulveda Orange Line ticket vending machines. Entrance to large free parking lot is on Erwin St, west of Sepulveda Blvd and north of Oxnard St. Bring water, hat, sunscreen, TAP card (or purchase for \$1) and money for bus/Metro (check [www.mta.net/around/fares](http://www.mta.net/around/fares) for latest info) and a cafe lunch. Contact a leader if you prefer to board elsewhere.

Leaders: ROSEMARY CAMPBELL, MARGARET VERNALLIS

## Sept 5, 2013 Chantry Flat, Mt Zion Loop:

**O: (WA)** Moderately paced 10 mile, 1800 ft. gain loop hike in Angeles National Forest. Meet at Chantry Flat parking area 8 AM. From 210 Foothill freeway in Arcadia take Santa Anita Ave exit and drive north 6 miles. Forest Service Adventure Pass is needed to park. Bring 2 qts water, lunch, lugsoles, hat, sunscreen. Rain cancels.

Leaders: MIMI KNIGHTS, REAVEN GATELY

## Sept 12 Malibu Creek State Park:

**O: (WA)** Moderately paced 8 mile 1000' gain hike including Lookout Trail with great views, Century Lake, and Reagan picnic area. Meet 8 AM at Cornell & Mulholland dirt parking area (from 101 Ventura Fwy take Kanan Rd, exit 36, south ½ mile, turn left on Cornell and veer to right continuing south 3 miles, past Paramount Ranch, to paved entrance of dirt parking area on east side of street just south of Mulholland Hwy). Bring 2 qts water, lunch, lugsoles, hat, sunscreen. Rain cancels.

Leader: NANCY KRUPA Asst: STEPHEN BECK

## Sept 19 East Canyon to Mission Point:

**O: (WA)** Moderately paced 8 mile 1400' gain hike, first going up East Canyon Mtwy of Santa Clarita Woodlands Park to ridge, then across Corral Sunshine Mtwy to Mission Point, with great views of San Fernando Valley. Return same way. Meet 8 AM at East Canyon trailhead of Santa Susana Mtns. (take Calgrove Blvd, exit 166, from Interstate 5, turn west under the freeway and take the Old Road south about 1 mile to parking entrance after church on

right, and continue past trailhead sign to parking area). Bring \$5 for parking, 2 qts water, lunch, lugsoles, hat, sunscreen. Rain cancels.

Leaders: ROSEMARY CAMPBELL, MARGARET VERNALLIS

## Sept 26 Stunt High Trail to Saddle Peak:

**O: (WA)** Moderately paced 8 mile 2000' gain hike to Saddle Peak from Stunt Road in Calabassas. Meet 8 AM Stunt High trailhead. From 101 Ventura Fwy take Valley Circle/Mulholland Dr, exit 29, go south, turn right on Valmar Rd (becomes Old Topanga Cyn Rd), then right on Mulholland Hwy for 3½ miles, left on Stunt Rd for 1 mile, and park on dirt shoulder on right. Bring 2 qts water, lunch, lugsoles, hat, sunscreen. Rain cancels.

Leader: TED MATTOCK Asst: NANCY KRUPA

## Oct 3, 2013 Towsley Cyn, Santa Clarita

### **Woodlands:**

**O: (WA)** Moderately paced 9 mile 1350' gain (optional 7 mile 1050' gain) hike with great vistas, a chilly narrows, diverse plant life and tar seeps. Meet 8 AM Ed Davis Park in Santa Susana Mtns. Take Calgrove Blvd, exit 166, from Interstate 5, turn west under the freeway and take the Old Road south ½ mile to Ed Davis Park on right, drive past Santa Clarita rideshare parking area outside entrance, go through gate and park in large dirt parking area 100 yds beyond the gate. Bring 2 qts water, lunch, lugsoles, hat, sunscreen. Rain cancels.

Leaders: MIMI KNIGHTS, MARGARET VERNALLIS

## Oct 10 China Flat & Simi Peak:

**O: (WA)** Moderately paced 8 mile 1300' gain hike in Simi Hills through chaparral, grasslands and oaks, with great views from 2403' peak. Meet 8 AM at Lindero Cyn Rd trailhead (from 101 Ventura fwy take Lindero Cyn Rd, exit 39, north about 4 miles, past Kanan Rd and King James Ct, make U turn at Wembly Ave and park on north side of Lindero Cyn between Wembly and King James Ct). Bring 2 qts water, lunch, lugsoles, hat, sunscreen. Rain cancels.

Leader: DOUG DEMERS Asst: NANCY KRUPA

## Oct 17 Chumash Trail to Fossils:

**O: (WA)** Moderately paced 8 (optional 10) mile 1500' gain hike in rolling hills of Santa Susana Mtns. Meet 8:30 AM at trailhead. From 118 Fwy take Yosemite Ave, exit 29, north 0.4 mile, turn right on Flanagan Dr, continue 0.8 mile to end and park. Bring 2 qts water, lunch, lugsoles, hat, sunscreen. Rain cancels.

Leaders: MARGARET VERNALLIS, REAVEN GATELY

## Oct 24 Grotto Trail in the Verdugos:

**O: (WA)** Lovely route in the Verdugos, 8 1/2 miles, 2000 ft. gain with great views from the lunch spot. Meet 8:30 AM at trailhead. From the 210 freeway in Tujunga take La Tuna Canyon, exit 14, curve south and west down La Tuna Canyon Rd 1.2 miles and park at the second picnic area on the left. Bring 2 qts water, lunch, lugsoles, hat, and suitable clothing layers. Rain cancels.

Leader: ROSEMARY CAMPBELL Asst: NANCY KRUPA

## Oct 31 Bear Divide to Walker Ranch:

**O: (WA)** Spectacular views on this one-way 8 mi, 1500' gain, 1000' loss route along ridge between San Fernando and Santa Clarita Valleys. Short car shuttle. Meet 8:30 AM at Walker Ranch entrance to Placerita Canyon (from Antelope Valley Fwy (Hwy 14) take Placerita Cyn Rd, exit 3, east ¾ miles, past Placerita Canyon Park entrance to Walker Ranch trailhead and limited roadside parking). Bring 2 qts water, lunch, lugsoles, hat, sunscreen. Rain cancels.

Leaders: ROSEMARY CAMPBELL, REAVEN GATELY

**We have been receiving a number of inquiries from people who would like to enjoy the outdoors, either by climbing the mountains or walking around the city on weekends. We will be scheduling activities around the San Fernando Valley and the surrounding neighborhoods on the 3rd weekend of every month. If you would like to join us please contact Gabe @ 818-999-5384 or via e-mail @ [gabesende@yahoo.com](mailto:gabesende@yahoo.com) for the location and time.**



## CAR-CAMP TRIP

**August 9-11, 2013 Friday - Sunday**

### Grower Beach Carcamp:

**O: Carcamp:** Camp at a State Park in a beautiful coastal setting. You have a choice to hike, swim, bicycle or rent a kayak at the nearby beaches. Potluck a campfire on Sat evening. If you are interested please contact the leader for further information. Leader: Gabe Sende, gabesende@yahoo.com or 818-999-5384

#### **Contact Weekend Leaders**

**Gabe Sende (818) 999-5384 gabesende@yahoo.com**  
**Sandra Tapia 818.365-4571 sltderamas64@yahoo.com**  
**Joe Phillips 818 348-8884 recreationbyjoe@yahoo.com**

## SATURDAY & HOLIDAY ACTIVITIES

### July 4, THURS. - Potluck Dinner and Fireworks in Serrania Park, Woodland Hills

Celebrate the Fourth of July with the San Fernando Valley Sierra Club Group at Serrania Park in Woodland Hills. We will have a late-afternoon potluck dinner at the cool, hilly Serrania Park picnic tables. Bring your favorite dish plus drink to share. The leaders will provide the utensils and plates, as well as the dessert. After dinner we can join the crowd at Warner Center for the fireworks display. If you would like to join us, please contact the Ldr: Gabe Sende at [gabesende@yahoo.com](mailto:gabesende@yahoo.com), or call him at (818) 999-5384.

### Top of Reseda, Tarzana, DAY SF Valley, Third Saturdays of each month, 8:00am.

**July 20, Aug. 17, Sept. 21 Oct. 19, 2013,**  
 Moderate 2hr, 5 mile RT 800' elevation gain hike in the hills above Tarzana and Reseda. Meet at trail-head at the Southern top of Reseda at the chainlink fence where the park entrance is and the paid parking begins. 3 miles South of Ventura Blvd after the sixth stop sign. Bring one quart of water, wear weather appropriate clothing, lugsoles. Rain cancels Hike leader: Joe Phillips 818 348-8884 Asst leader: TBD [recreationbyjoe@yahoo.com](mailto:recreationbyjoe@yahoo.com)

**Top of Reseda, Tarzana, EVENING SF Valley,**  
 Call Joe Phillips 818-818-348-8884 [recreationbyjoe@yahoo.com](mailto:recreationbyjoe@yahoo.com) for dates and times of this hike.

## ..SUNDAY ACTIVITIES

### July 14, 2013 Sun. Trippet Ranch- Musch

**Trail** Moderately paced 5 mile, 600' gain hike in the Topanga State Park, including the Nature Trail. We will hike under the trees most of the time with plenty of shade. Deer sighting are very common at this time of the year in the Santa Monica Mountains. Bring plenty of water, lunch and hiking boots. Meet at 9:30 AM at the parking lot inside the park. You can park outside the park and walk in or pay a fee. Directions: Take the 101 Freeway to Topanga Canyon Bl. and turn South and drive 7.5 miles to Entrada Rd and turn left. Follow road to the park. Ldr: Gabe Sende at (818) 999-5384 or [gabesende@yahoo.com](mailto:gabesende@yahoo.com)

### July 28, 2013 Sun. "Tijuana" Urban Dinner in Boyle Heights, Los Angeles

Join us for an evening of stereophonic mariachi music in one of Boyle Height's most amazing, festive, and chaotic Mexican restaurants. Two, very loud mariachi bands stationed on opposite sides of the huge dining room play while customers eat. The atmosphere is like a Tijuana eatery; as you devour the shrimp enchiladas, the tacos el carbon or the enchiladas poblanas, you won't believe you are just a short train ride from downtown Los Angeles. For reservations and information, call the Ldr: Gabe Sende. Call (818) 999-5384 email at [gabesende@yahoo.com](mailto:gabesende@yahoo.com)

### August 4, 2013, Sun., L.A. River Bike Path

**O: Sierra Singles, SFV** Come and join us on this very EASY bike ride along a "NEW" bike path in Reseda along the LA River. This 2.5 mile RT ride with a short break in the middle in a parklike picnic area. Meet on Vanalden just North of Victory Blvd. You can park on a North side street of Victory just East of Vanalden. The total ride will take about an hour and a half to complete with a break to snack on a energy bar or just hear the birds chirp. For safety, ALL bikes must be in proper working condition' riders MUST have and wear a helmet. At least one liter of water per rider is recommended. No additional bike equipment is required. We will be on a VERY safe path and will have easy access to the major cross-streets. Additionally, each rider might want to bring along some money for bus or store purchases. Rain or 95+ temperature cancels. For further info, please contact Joe @ 818 348-8884.

Leader - Joe Phillips Joe Phillips 818 348-888,  
 coleader - Sandra Tapia 818.365-4571

### August 25, 2013 Sun,

#### Sun. Hollywood Hike thru Malibu Creek:

Come join us for great hike to the old M\*A\*S\*H site. We will visit the original location where the TV show was filmed. The distance is between 5-6 miles with very little elevation gain. Suitable for children of all ages. Meet at 9:30 AM at the trailhead. Take the 101 Freeway to Las Virgenes Road and continue to Mullholland Drive. Meet at intersection .

Leader: Gabe Sende Call (818) 999-5384 or email at [gabesende@yahoo.com](mailto:gabesende@yahoo.com).

### September 8 Sun. Stair Hike in Bronson

**Canyon** Shaded hillside is a 4 mile 272 steps, along hidden stair cases featuring interesting old LA. Visit a remnant of a quarry that was used as a Bat Cave entrance for the 1960's Batman TV series. Also, see the private street where Brad Pitt lives. Optional lunch after the hike. Meet @ 9:30 AM at the corner of Franklin & Bronson. Leader: Gabe Sende Call (818) 999-5384 or email at [gabesende@yahoo.com](mailto:gabesende@yahoo.com)

### Sept. 8' 2013 Sun, Bike On the Orange Line

#### Bike Path

**O:Sierra Singles, SFV** Leisure Bike Ride. Join us on this 8 – 9 mile leisure bike ride. Let's take our bikes out on this easy ride along the new Orange Line Extension Bike Path so our bikes can have a chance to spin its wheels. We'll meet 9am at the Chatsworth Amtrak/ Metrolink station, Old Depot Plaza Rd, between Devonshire St and Lassen St. This leisure ride is to Victory Blvd and back. Those that wish may catch the bus for a return ride (\$1.50) or continue on the path. Bring water, optional return bus ride money and helmet. Rain or 95 degrees+ cancels. Leader: Sandra Tapia Sandra Tapia 818.365-4571, co-leader: Joe Phillips

**Sepulveda Basin hike:** Because of the plant destruction that was brought on by the Army Corp of Engineers, we are tentatively planning to conduct a public information hike around the damaged area each Sunday. If you are interested in the hike or if you are a hike leader, **please contact Joe Phillips at 818-348-8884 email**



## Marine Mammal Care Center in San Pedro helps Beached, Sick Juvenile Sea Lions

***There are over a thousand of these ill animals.***

*By Elaine Trogman*

California has 840 miles of coastline. I feel that we in California have a special responsibility to the rest of the country to make sure the Pacific Ocean and its inhabitants who live in it are healthy. This applies especially to us who live less than 50 miles from the coast.

It is very unusual to see so many beached juvenile sea lions, over a thousand, along our California coast but it is happening from Monterey to San Diego and many of them are either sick or dead.

Dave Bard, director of the Marine Mammal Care Center (MMCC) in San Pedro, said that the situation has become serious enough that the federal government officials have declared an “unusual mortality event” for the animals.” In L.A. County alone, Bard said that his facility has cared for over 400 sea lions this year (compared to last year when there were about 36 patients.) Bard said, “Our busiest year ever we had 500 sea lions, so basically we have extended an entire year’s budget in 3 months.” It is draining on the volunteers who help out.

While there is some hesitancy to mention what is the cause until they have proof, some reports say there isn’t enough food for them to eat. “We have not ruled out medical causes, but nutritional deficiency seems to be the primary issue,” said Dr. Lauren Palmer, a veterinarian at the MMCC in San Pedro. “We don’t know why but there aren’t enough prey fish out there for sea lions this size.” Some of the sea lions are being sent to facilities in northern California where they are not having a stranding problem.

The California Wildlife Center(CWC) in Topanga Canyon is building a facility to temporarily take over care of elephant seals.

The Marine Mammal Care Center was established in 1987. It relies on grants and donations to pay for about 50% of its costs per year. To make a donation or volunteer call

**(310) 548-5677 or go to [marine.mammal.care.org](http://marine.mammal.care.org)**

## Blue Whales are Being Destroyed by Ships in L.A. Ports

*By Elaine Trogman, from material of the Great Whale Conservancy website.*

From July through October, the world’s largest subpopulation of blue whales (about 2,500 individuals) migrate to productive areas along the continental shelf edge offshore of California to feed on massive blooms of krill. Unfortunately for the whales, some of these areas overlap with one of the world’s busiest shipping lanes leading to the ports of Los Angeles and Long Beach. Cargo ships, oil tankers, and cruise ships transit directly over the whale’s critical feeding habitat

Blue Whale numbers were reduced by commercial whalers from ~350,000 animals to the ~10,000 alive today. While an international moratorium on the hunting of Blue Whales has been in effect since 1966 the number of Blue Whales using waters of the U.S. West Coast has failed to rebound. A primary reason for this is that they are being injured and killed by ship traffic off the So. California coast. Further losses and reduction in the genetic diversity of the species could be disastrous.

The cost to the shipping industry of moving the transit lanes away from these critical feeding areas would be minimal. Yet every year more whales are killed: rammed by the giant ships or cut to ribbons by their massive propellers. Current efforts to encourage voluntary slow-downs of vessels transiting the Santa Barbara Channel have been ineffective with no noticeable change in speeds. Industry representatives have stated their willingness to move the shipping lanes provided the new lanes apply to all users. The specific path is of less concern than the assurance there will be uniform rules for the entire maritime industry.

The Coast Guard acknowledged the need to move the shipping lanes to protect the whales in its Port Access Route Study of September 2011. While the shift in the lanes recommended by the Coast Guard was insufficient to adequately protect the whales, the effort was hamstrung by objections from the U.S. Navy because the most advantageous shift of the transit lanes would reroute the ships further south through Pt. Mugu Naval Air Station waters. In fact, oil tankers have routinely transited through these waters for years, as well as many cargo ships from 2010-2011 seeking to avoid requirements to burn cleaner fuels. There can be no reasonable objection by the Navy to the seasonal designation of shipping lanes through these waters. The U.S. government must act to protect the endangered Blue Whales from the threat of extinction.

The administration must move as quickly as possible to open the Pt. Mugu Naval Air Station waters to commercial shipping traffic, at minimum for the months of July-October.

**SIGN A PETITION ASKING PRES. OBAMA TO HELP THESE WHALES AT THE “Great Whale Conservancy” website ([Greatwhaleconservancy.org](http://Greatwhaleconservancy.org))**