

Pt. Reyes National Seashore with GEO – 4/30/2022 Trip Plan

Group: Grant High School GEO Academy
 Agency Coordinator: Arron White, GEO Academy (916) 284-2414
 Time: 8:00 am – 6:15 pm [may arrive later due to traffic]
 ICO Trip Leader: Marc Vayssières (530) 219-7194

We will take about 45 students from Grant Union High School GEO for a day hike and beach play at the Point Reyes National Seashore. GEO will provide a bus and driver to transport the students. ICO volunteers can drive their own car or carpool. ICO will provide 2 snacks and lunch materials.

We will drive to the Bear Valley Visitor’s Center (directions on page 3), pack lunches and view the exhibits. After that we will drive to the Limantour Beach trailhead. There we will walk around 10 minutes to the beach and play and explore for a couple of hours.

The weather forecast for Pt. Reyes predict a slight chance of rain before 11am, and then partly sunny, with a high near 65 and breezy. Volunteers should wear appropriate clothing. Students should bring jackets, shorts if they want to wade, sandals, and dry clothes if they plan to get wet. The beach is NOT a swimming beach, but wading is allowed.

ICO Volunteers	Cell phone		Tasks & Notes
1. Marc Vayssières	(530) 219-	Car	Check waiver forms in AM. Bring lunch, snacks and beach toys
2. Harry Spanglet	(530) 902-	Car	Distribute morning and pm snacks. Help put out and clean up lunch.
3. Leah Cantaloube	(916) 337-	Car	Distribute (as needed) water bottles, day packs, sun glasses and collect them afterwards.
4. Danelle Christian	(530) 217-	Car	Distribute sun block as needed. Play at the beach.
5. Lisa Andrews	(916) 847-	Car	Make sure no one swims or wanders off on solo hikes.
GEO staff			
6. Arron White	(916) 284-	Bus	GEO teacher. May be others as well.
7. Sachary Pineda	(916) 598-	Bus	GUHS Generation Green Coordinator
8.			

Pre-Trip Meeting: Date & Time: Thursday October 20th at 2:45 pm in GEO classroom W-54. Meet with participants to distribute waivers, review what we will do, what they should wear, what to expect, etc. No swimming! The water is cold. There are treacherous currents not far offshore and occasional rogue waves. When wading, don’t turn your back on the ocean. Get your waiver signed! You cannot go on the trip unless we have a signed waiver by your parent / guardian if you are under 18. Bring a jacket and a change of clothes. May want to wear shorts and sandals.

Time	Activity
8:00 – 8:30	<p>Meet at Grant High School, Bus drop-off/pick-up location off South Ave, next to the football stadium. Check in participants. Check waiver forms for completion, food allergies, and meds. Pass out day packs to those who need them. Serve morning snack.</p> <p>Opening circle. What’s one thing you hope to see/do at Pt. Reyes?</p>
8:30 - 11:00	<p>Drive to Point Reyes Bear Valley Visitor Center – <u>101 miles, approx..2.5 hours</u></p> <p>Driving Directions are on page 4, below.</p> <p>At Bear Valley Visitors’ Center, bus parks in designated bus area.</p>
11:00- 12 noon	<p>Bathroom Break & Lunch</p> <p>Direct students to the restrooms by the picnic area. As they leave the bus, pass out the filled water bottles. Pass out sunglasses for those who need them. Pass out sunblock. Find 1-2 picnic tables and set up lunch. Make your own sandwich lunch. (Optional – check out the exhibits in the visitor’s center)</p>
Noon – 3:15pm	<p>Drive to Limantour Beach Trailhead:</p> <ul style="list-style-type: none"> • Get back on bus and check in students against the roster. • At Limantour Beach, use rest rooms if needed. • ICO Volunteers retrieve towels and sunblock from the bus. • We set up a “home base” on the beach where we pile our stuff (day packs, towels, etc.) and let students enjoy the beach. One ICO Volunteer stays at “home base” to start (we rotate this task) while the others stay with the students as they play and roam the beach. <i>Repeat that no one is to take off on a solo hike!</i> • Play/explore at Limantour Beach for about 2 hours; wading and beach play (Frisbees, kites, balls). • NO SWIMMING, only wading.
3:15 - 3:45 pm	<p>Prepare to leave. (whistle).</p> <ul style="list-style-type: none"> • Wet students dry off & change clothes in restrooms. Final bathroom break. • Gather all beach toys and belongings. • Closing Circle on beach or in parking lot (depending on space and wind). Each person shares one word or phrase – something memorable - about today.
3:45 – 6:15pm	<p>Load onto bus & return home. Check roster. Distribute pm snack and collect ICO sunglasses, day packs, towels, etc as students get on the bus. Drive home. Collect any last items at Grant Union High School.</p>

Nearest Hospital

Novato Community Hospital
180 Rowland Way
Novato, CA 94945
(415) 209-1300

To report an ICO Outings Incident

888-OUTINGS

Driving Directions (total distance = 222 miles. Source: Google Maps)

From Grant High School to Pt. Reyes (102 miles, 2-2.5 hrs)

Right on Grand Avenue to Marysville Blvd.

Left onto Marysville Blvd.

I-80 W toward San Francisco (58.0 mi)

--Note: Restroom stop is just before Exit 33 B

Exit 33B onto CA-37 W toward Novato/San Rafael (19.0 mi.)

Take the Atherton Ave exit. Left onto Atherton Avenue to where it becomes San Marin Drive (3.2 miles), then continue onto San Marin Dr, (2.7 mi.)

Turn right onto Novato Blvd (6.3 mi.)

Turn left onto Point Reyes - Petaluma Rd (6.8 mi.)

Continue straight onto Platform Bridge Road (2.4 mi)

Turn right onto Sir Francis Drake Blvd. (1.8 miles)

Turn right onto CA-1 N (0.1 mi.)

Turn left onto Bear Valley Rd

Take the 1st left onto Bear Valley Visitor Center Access Road

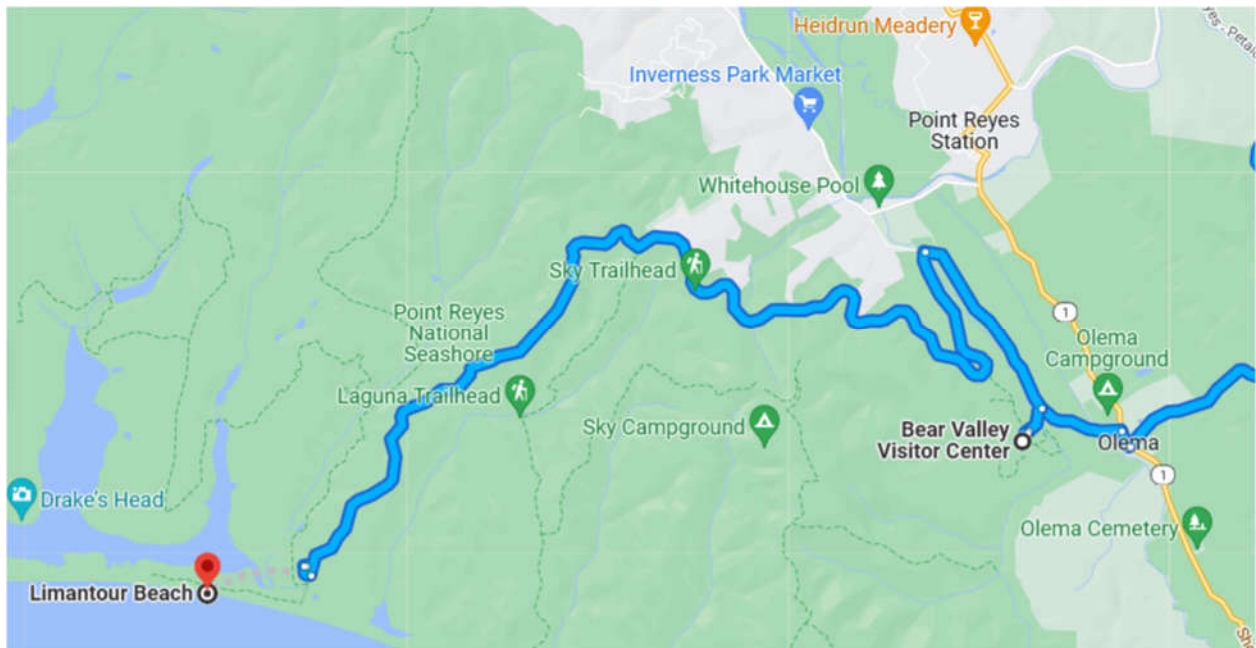
Turn into parking lot on left, past Visitor Center

From Bear Valley Visitor Center to Limantour Beach (9 miles way, 20 min)

Turn left on Bear Valley Road

After about 1 mile turn left onto Limantour Road

Drive to the beach parking lot at the end of the road



From Limantour Beach to Grant High School (111 miles, 2.5 hrs)

Take Limantour Road back to Bear Valley Road
Right on Bear Valley Road
Right on Hwy 1 for 0.1 mile
Left onto Sir Francis Drake Highway
Left onto Platform Bridge Road
Right onto Pt. Reyes-Petaluma Rd
Right onto Novato Blvd.
Left onto San Marin Drive
Continue onto Atherton Ave.
Take CA-37 East
Take I-80 East
Exit on Marysville Blvd
Right onto Marysville Blvd.
Right on Grand Avenue to Grant HS

