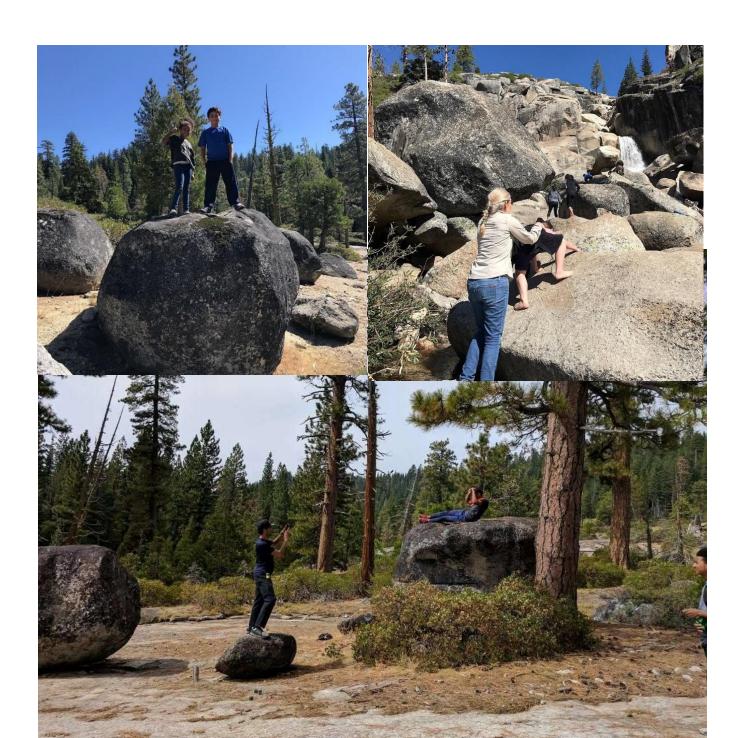
Hike to Bassi Falls, Eldorado National Forest

Saturday, December 9, 2017

Come on a fun and easy walk in the mountains with ICO! We are going to take kids from Swanston Community Center on a hiking trail to a spot up in the mountains, where we will walk through the forest to a stream with a waterfall. We will get to see lots of big trees, play on some big rocks, and explore nature. There will be lots of food (sandwiches) and snacks, and it will be lots of fun. See you there!



For parents/guardians:

Sacramento Inspiring Connections Outdoors (Sacramento ICO) will take kids on an easy walk through a beautiful forest in the Sierra Nevada mountains, at a spot approx. 1 ½ hour drive from Sacramento. The hike is about 1 mile each way (about 30-45 min.) on a well-traveled path to a waterfall — which will probably be very low or even dry this time of year. Once we get there we will eat lunch and then play in the stream, climb rocks and explore.

Sacramento ICO will provide everything kids need, including all the food (morning snacks, lunch, afternoon snacks), and we will have backpacks, water bottles, jackets and sunscreen for kids to use. Our leaders are very experienced in outdoor activities, and we are all trained in first aid. We hope your child can make it.

Harry Spanglet

Sacramento ICO trip leader

hspanglet@gmail.com